

## **Client Information**

Client Name | Joh

John Blogs

Date of birth (age)

16 December 2000 (20)

## **Assessment Information**

Assessment administered

Experience in Close Relationship Scale - Short Form (ECR-S)

Date administered

Assessor Dr Ben Buchanan'

27 April 2021

Time taken

0 minutes 19 seconds

## Results

	Total	Percentile
Anxiety Scale	30	86.6
Avoidance Scale	25	92.2

## **Interpretive Text**

No Interpretation

# **Scoring and Interpretation Information**

Results consist of two scores for the two separate factors; attachment anxiety and attachment avoidance. The minimum score for each scale is 7 and a maximum score of 42. In addition, scores are represented in terms of percentile ranks in accordance to Wei et al.'s (1998) undergraduate sample, where higher percentiles represent more difficulties with adult attachment compared to peers.

- Attachment avoidance is defined as involving fear of dependence and interpersonal intimacy, an excessive need for self-reliance, and reluctance to self-disclose.
- Attachment anxiety is defined as involving a fear of interpersonal rejection or abandonment, an excessive need for approval from others, and distress when one's partner is unavailable or unresponsive.

People who score high on either or both of these dimensions are assumed to have an insecure adult attachment orientation. By contrast, people with low levels of attachment anxiety and avoidance can be viewed as having a secure adult attachment orientation (Brennan et al., 1998). In addition, higher scores are significantly and positively related to depression, anxiety, interpersonal distress, or loneliness.



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#### **Client Responses** Strongly Slightly Slightly Strongly Disagree Neutral Agree Disagree Disagrée Agree Agree It helps to turn to my romantic partner in times of need. I need a lot of reassurance that I am loved by my partner. I want to get close to my partner, but I keep pulling back. I find that my partner doesn't want to get as close as I would like. I turn to my partner for many things, including comfort and reassurance. My desire to be very close sometimes scares people away. I try to avoid getting too close to my partner. I don't worry about being abandoned. I usually discuss my problems and concerns with my partner. I get frustrated if my romantic partner is not available when I need I am nervous when my partner gets too close to me. I worry that a romantic partner won't care about me as much as I care about them.