



Client Information

<i>Client Name</i>	Test Client
<i>Date of birth (age)</i>	7 September 2000 (20)

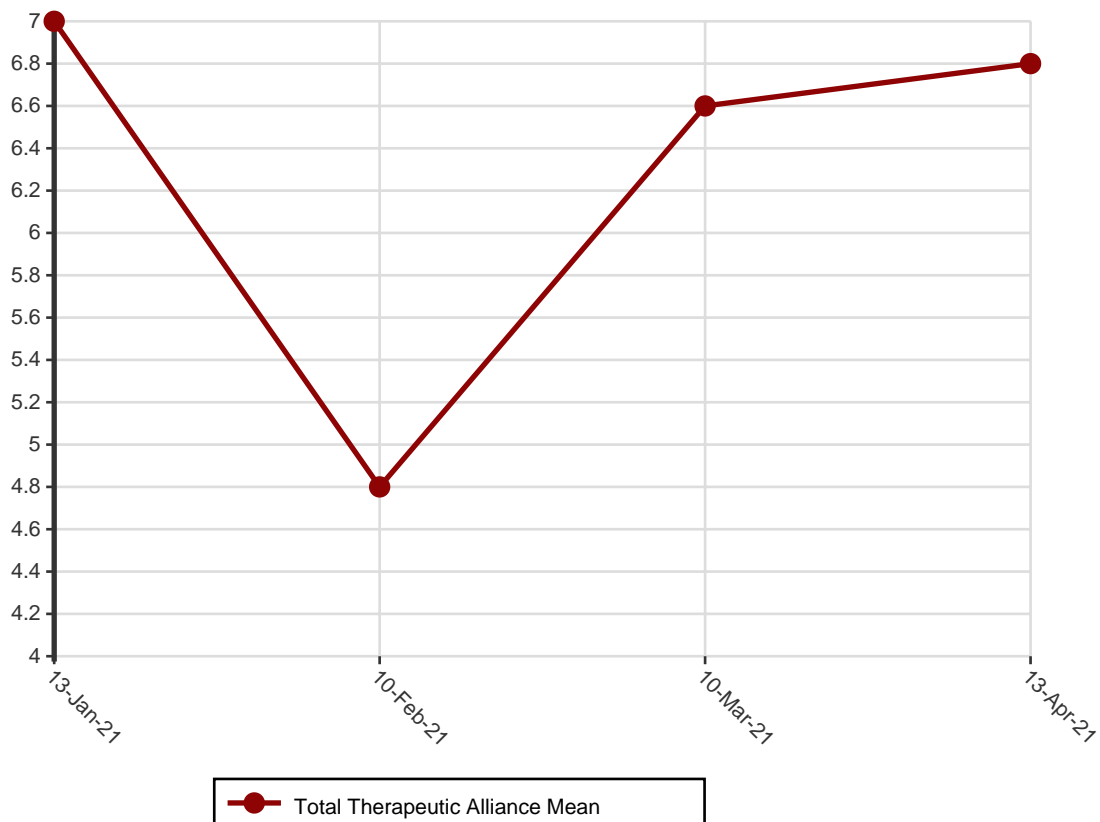
Assessment Information

<i>Assessment</i>	Agnew Relationship Measure – 5 (ARM-5)
<i>Date administered</i>	13 April 2021
<i>Assessor</i>	Dr Ben Buchanan'
<i>Time taken</i>	0 minutes 11 seconds

Results

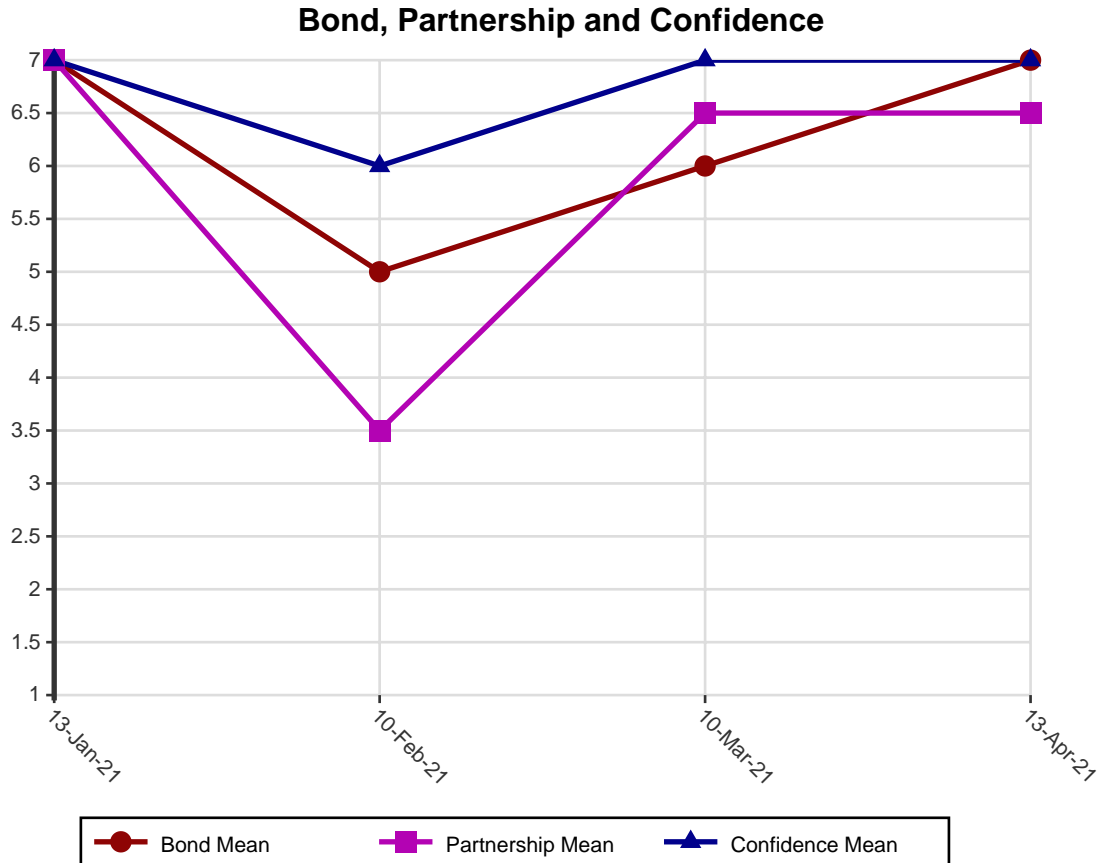
	Raw Score	Mean	Percentile
Total Therapeutic Alliance	34	6.8	87.4
Bond	7	7	-
Partnership	13	6.5	-
Confidence	14	7	-

Total Therapeutic Alliance





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Scoring and Interpretation Information

A total raw score ranging from 5 to 35 indicates the overall level of therapeutic alliance. In addition, scores are presented as “mean scores”, indicating the average responses (from 1 to 7). A percentile rank is presented using the mean and standard deviation from the Cahil et al. (2011) sample, indicating the level of alliance compared to a normative sample. The percentile should be interpreted with caution, however, given the data is significantly skewed with evident ceiling effects (max percentile = 91.4).

Research shows there is minimal psychometrically significant distinction between the three subscales (Bond, Partnership and Confidence). Therefore clinicians are encouraged to use the total alliance score, which is the most reliable and useful measure.

Bond (item 1) is the measure that encompasses the classic dimensions of client-therapist bond and feelings of therapist supportiveness.

Partnership (items 2 and 3) measures agreement on tasks, and agreement on goals.



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Scoring and Interpretation Information (cont.)

Confidence (items 4 and 5) measures the client's confidence in the treatment approach, as well as the perceived confidence the therapist has in their own techniques. Confidence has been identified as the strongest predictor of positive outcome, reflecting the therapist's and client's joint sense of progress and investment.

Client Responses

		Strongly Disagree	Disagree	Slightly Disagree	Neutral	Slightly Agree	Agree	Strongly Agree
1	My therapist is supportive	1	2	3	4	5	6	7
2	My therapist and I agree about how to work together	1	2	3	4	5	6	7
3	My therapist and I have difficulty working jointly as a partnership	7	6	5	4	3	2	1
4	I have confidence in my therapist and their techniques	1	2	3	4	5	6	7
5	My therapist is confident in him/herself and his/her techniques	1	2	3	4	5	6	7