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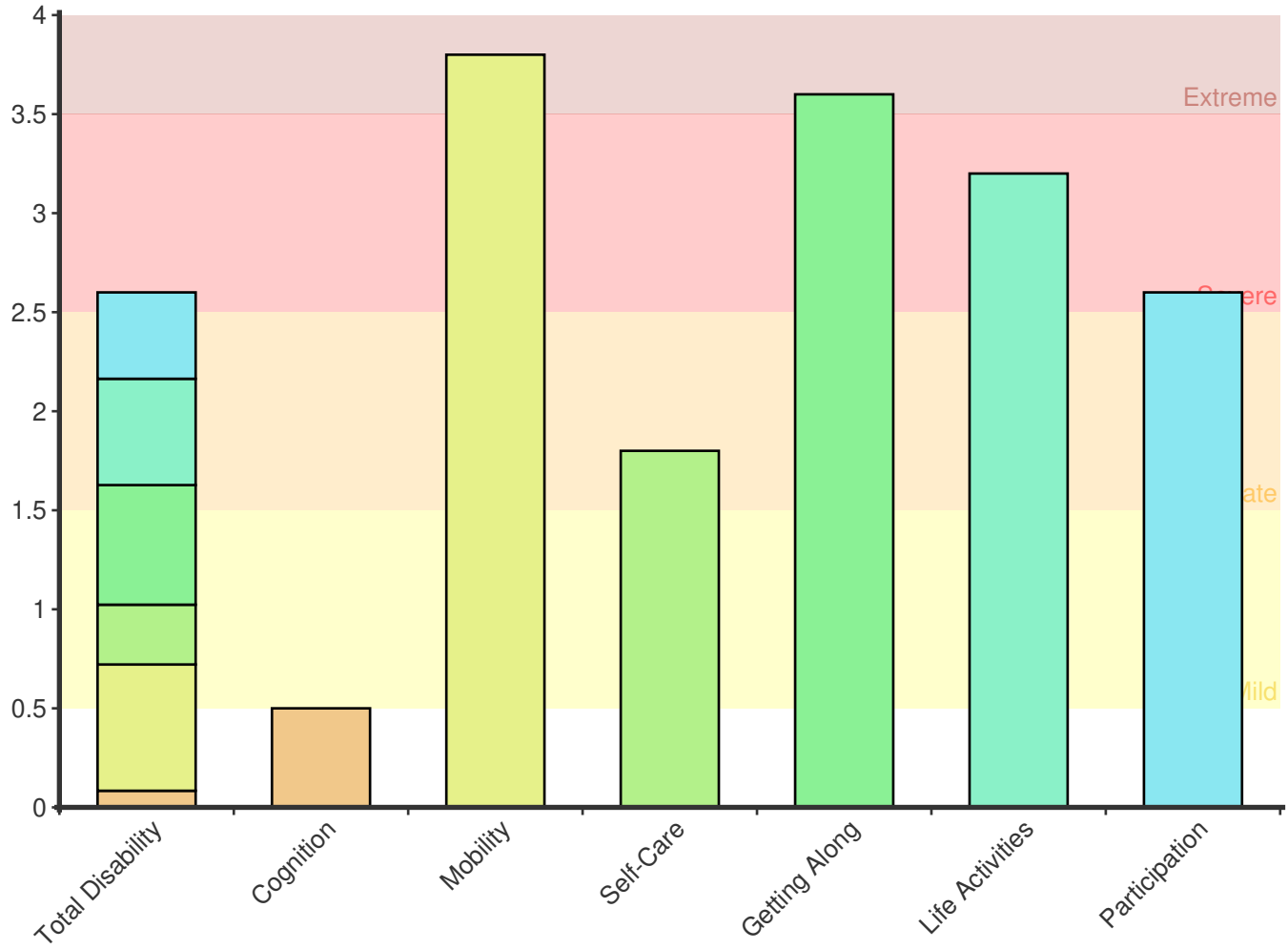
World Health Organisation Disability Assessment Schedule - Children and Youth version (WHODAS-Child)

Client Name	Generic Client	*Date administered*	1 Apr 2024
Date of birth (age)	14 Dec 1980 (43)	*Time taken*	1 min 58s
Assessor	Dr David Hegarty		

Results

	Score (0 to 100)	Average Score (0 to 4)	Descriptor
Overall Disability	60	2.6	Severe
Cognition	13	0.5	Mild
Mobility	95	3.8	Extreme
Self-Care	44	1.8	Moderate
Getting Along	90	3.6	Extreme
Life Activities	81	3.2	Severe
Participation	41	2.6	Severe

Average Scores



Client Name	Generic Client

Interpretation

According to the WHODAS-child total score, the client is experiencing an overall level of disability in the 'severe' range.

In comparison to the other domains, the client is experiencing the most disability in the Mobility domain. Conversely, the client shows a relative strength in the Cognition domain.

Cognition Domain
The client's cognitive functioning is within the 'mild' range. A descriptor of 'mild' suggests that the client may encounter occasional challenges in cognition and/or communication. Despite these mild difficulties, they generally exhibit some level of cognitive functioning and problem-solving skills. However, they may experience occasional struggles in specific areas such as remembering details, staying focused for extended periods, or processing complex information. With some support and accommodations, such as organisational strategies, this client can participate meaningfully in cognitive tasks and daily activities, albeit with some limitations.

Mobility Domain
The client's mobility is within the 'extreme' range. A severity descriptor of 'extreme' indicates that the client experiences profound and pervasive deficits in mobility. Within this domain, this client exhibits severe impairments that significantly impact their daily lives. They may have limited or no ability to walk or stand independently, requiring constant assistance or specialised equipment for mobility. This client typically requires intensive, multidisciplinary interventions and ongoing support to accommodate their mobility challenges and promote their overall well-being and participation in daily activities.

Self-Care Domain
The client's self-care abilities are within the 'moderate' range. A severity descriptor of 'moderate' indicates notable impairments in self-care for the client. They may experience significant difficulties in performing basic self-care activities independently, such as bathing, grooming, dressing, or feeding. These challenges can moderate their ability to maintain personal hygiene, manage their clothing, or feed themselves effectively. clients classified as 'moderate' may require assistance from caregivers or specialised interventions to address their self-care deficits and enhance their independence in daily activities.

Getting Along Domain
The client's ability to get along with others is within the 'extreme' range. A severity descriptor of 'extreme' indicates that the client experiences profound and pervasive deficits in getting along with people. Within this domain, this client exhibits severe impairments that significantly impact their daily lives. They may have limited or no ability to form relationships, communicate effectively, or engage in social interactions with peers or others. This client typically requires intensive ongoing support in response to their complex social challenges and promote their social inclusion and well-being.

Life Activities Domain
The client's ability to perform life activities is within the 'severe' range. A severity descriptor of 'severe' implies that the client faces notable challenges in managing household and/or school/work responsibilities. Within this domain, this client exhibits significant impairments that considerably impact their ability to perform tasks independently. They may require extensive assistance or supervision from caregivers for activities such as household chores, assignments, or job tasks.

Client Name	Generic Client

Interpretation (cont.)

Participation Domain
The client's participation in society is within the 'severe' range. A descriptor of 'severe' indicates that the client faces profound challenges in participating in society. Within this domain, they exhibit significant impairments that considerably impact their ability to engage with others, access community resources, or participate in social activities. They may have difficulty forming social connections, accessing transportation, or participating in community events independently, which is why they may need ongoing support to help them avoid social isolation or exclusion from societal opportunities.

Questions 36 - 40
The client indicated that they experienced these difficulties for 87% (26 days) of the time in the past 30 days. The client indicated that they were unable to carry out their usual activities or work for 87% (26 days) of the time in the past 30 days due to health conditions. The client indicated that they cut back their usual activities or school/work due to health conditions for 13% (4 days) of the time in the past 30 days. The client indicated that they were absent from school/work 7% (2 days) of the time in the past 30 days. The client indicated that they were late for school/work 10% (3 days) of the time in the past 30 days due to health conditions.

Scoring and Interpretation Information

For comprehensive information on the WHODAS-Child, see here.

There are two scoring methods used for the WHODAS-Child:
1. Score (and its percentile)
2. Average score (and its descriptor)

The score is calculated using a domain-weighted system. For the total score and the six domains, the WHODAS-Child is scored by estimating the percent of the maximum possible score observed for the total/domains. Each of these scores has a potential range from 0–100, where a higher score is indicative of greater levels of disability. It is important to note that the Life Activities domain of the WHODAS-Child includes five questions about impairments in school activities and participation. These items are optional for children not in school, and their score for that domain is the percent of the maximum possible score in that domain excluding the five school-related questions.

The average scores are comparable to the WHODAS 5-point scale, which allows the clinician to think of the individual's disability in terms of none (0-0.49), mild (0.5-1.49), moderate (1.5-2.49), severe (2.5-3.49), or extreme (3.5-4). The average domain and general disability scores were found to be reliable, easy to use, and clinically useful to clinicians in the DSM-5 Field Trials of the WHODAS (APA, 2021). The average domain score is calculated by dividing the raw domain score by the number of items in the domain. The average general disability score is calculated by dividing the raw overall score by the number of items in the measure (i.e., 34 or 29 if the optional items are not completed).

The two scoring methods are used for the total score and each of the 6 domains:
1. Cognition (items 1-6)– Assesses communication and thinking activities; specific areas assessed include concentrating, remembering, problem-solving, learning, and communicating.
2. Mobility (items 7-11) – Assesses activities such as standing, moving around inside the home, getting out of the home, and walking a long distance.
3. Self-care (items 12-15) – Assesses hygiene, dressing, eating, and staying alone.

Client Name	Generic Client

Scoring and Interpretation Information (cont.)

4. Getting along (items 16-20)– Assesses interactions with other people and difficulties that might be encountered with this life domain due to a health condition; in this context, “other people” includes those known intimately or well (e.g. spouse or partner, family members or close friends) and those not known well (e.g. strangers).
5. Life activities (items 21-29) – Assesses difficulty with day-to-day activities (i.e. those that people do on most days, including those associated with domestic responsibilities, leisure, work, and school).
6. Participation (items 30-34) – Assesses social dimensions, such as community activities; barriers and hindrances in the world around the respondent; and problems with other issues, such as maintaining personal dignity.

If there is excessive variability (i.e., some extreme responses) within a domain score, it will be noted in the interpretive text. In these cases, it is recommended that the domain score be de-emphasised in favour of an examination of individual items to determine the client's strengths and weaknesses. Excessive variability that would render domain level scores difficult to interpret is defined as a difference between the maximum and minimum score within a domain of greater than 2. This would mean that a response within a domain would have to have a minimum score of 0 ("None") and a maximum score of 3 ("Severe") or a minimum score of 1 ("Mild") and a maximum score of 4 ("Extreme") within the same domain to be classified as showing too much variability for domain level interpretation.

Plots are displayed upon first administration that show the average scores for the total and domains. Upon multiple administrations of the WHODAS, longitudinal plots will be displayed for the total average score and for the domain average scores. This allows the practitioner to see if there has been any change in total and domain-level functioning for the client over time.

Client Responses

		None	Mild	Moderate	Severe	Extreme or cannot do
1	Concentrating for 10 minutes at a time or more while doing homework, playing a game, or doing something you were asked to do?	0	**1**	2	3	4
2	Remembering to do important things, such as crossing the street safely, taking the right books to school, and remembering to do homework assignments?	**0**	1	2	3	4
3	Finding a way to deal with common, everyday problems that other people your age can manage?	0	**1**	2	3	4
4	Learning how to do something new, for example, how to play a new game, or learning something new at school?	0	**1**	2	3	4
5	Generally understanding what people say?	**0**	1	2	3	4
6	Telling your family or friends about things you have done, or people you have met, or places you have been?	**0**	1	2	3	4
7	Standing for a reasonable period of time, for example, in PE or school assembly, or church/temple?	0	1	2	3	**4**

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Client Responses (cont.)

		None	Mild	Moderate	Severe	Extreme or cannot do
8	Getting up from a sitting position?	0	1	2	3	**4**
9	Moving around inside your home?	0	1	2	**3**	4
10	Getting around at school or at a friend's?	0	1	2	3	**4**
11	Walking for as long a distance as other people your age can?	0	1	2	3	**4**
12	Keeping yourself and your clothes clean, taking baths or showers, and brushing your teeth without being asked?	0	1	**2**	3	4
13	Getting dressed on your own?	0	1	**2**	3	4
14	Eating meals without help?	0	1	**2**	3	4
15	Staying safe when you are alone or not putting him/herself in danger when there are no adults around?	0	**1**	2	3	4
16	Getting along with people you do not know well?	0	1	2	3	**4**
17	Keeping a friendship?	0	1	2	3	**4**
18	Getting along with family members?	0	1	**2**	3	4
19	Making new friends?	0	1	2	3	**4**
20	Getting along with your teachers or adults who aren't in your family?	0	1	2	3	**4**
21	Doing chores or other things you are expected to do at home to help out?	0	1	2	**3**	4
22	Finishing chores or home activities that you are supposed to do?	0	1	2	**3**	4
23	Doing chores or other home activities well?	0	1	2	**3**	4
24	Doing these home activities quickly when it is important?	0	1	2	3	**4**
25	If you go to school, complete questions 25-29 below. Otherwise, skip to question 30. Because of your health condition, in the past 30 days, how much difficulty did you have in: Doing your regular school assignments?	0	1	2	**3**	4
26	Studying for important school tests?	0	1	2	3	**4**

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Client Responses (cont.)

		None	Mild	Moderate	Severe	Extreme or cannot do
27	Completing all of the school assignments and activities that you needed to do?	0	1	2	**3**	4
28	Getting your school work done as quickly as needed?	0	1	2	3	**4**
29	Following the rules or fitting in with others?	0	1	**2**	3	4
30	Joining in on community activities (e.g., clubs, religious groups, after-school activities)?	0	1	**2**	3	4
		None	Mild	Moderate	Severe	Extreme
31	Getting invited to parties, play dates, hanging out?	0	1	2	**3**	4
		None	A little	Some	Quite a bit	A lot/Nearly all the time
32	How much time do your parents or other family members spend on your health condition problems?	0	1	2	**3**	4
		None	Mild	Moderate	Severe	Extreme
33	How much have you been upset by your health condition?	0	1	2	**3**	4
34	How much of a problem do you have in doing things you enjoy or relaxing by yourself?	0	1	**2**	3	4
35	In the past 30 days, how much did your difficulties get in the way of your life?	0	1	2	**3**	4

36	In the past 30 days, how many days were your difficulties present?	
	26	
37	In the past 30 days, how many days were you totally unable to carry out your usual activities or school/work because of your health condition?	
	26	
38	In the past 30 days, not counting your answer in number 37, how many days did you cut back or reduce your usual activities or school/work because of your health condition?	
	4	
39	In the past 30 days, how many days were you absent from school/work?	
	2	
40	In the past 30 days, how many days were you late for school/work?	
	3	