Assessment powered by NovoPsych

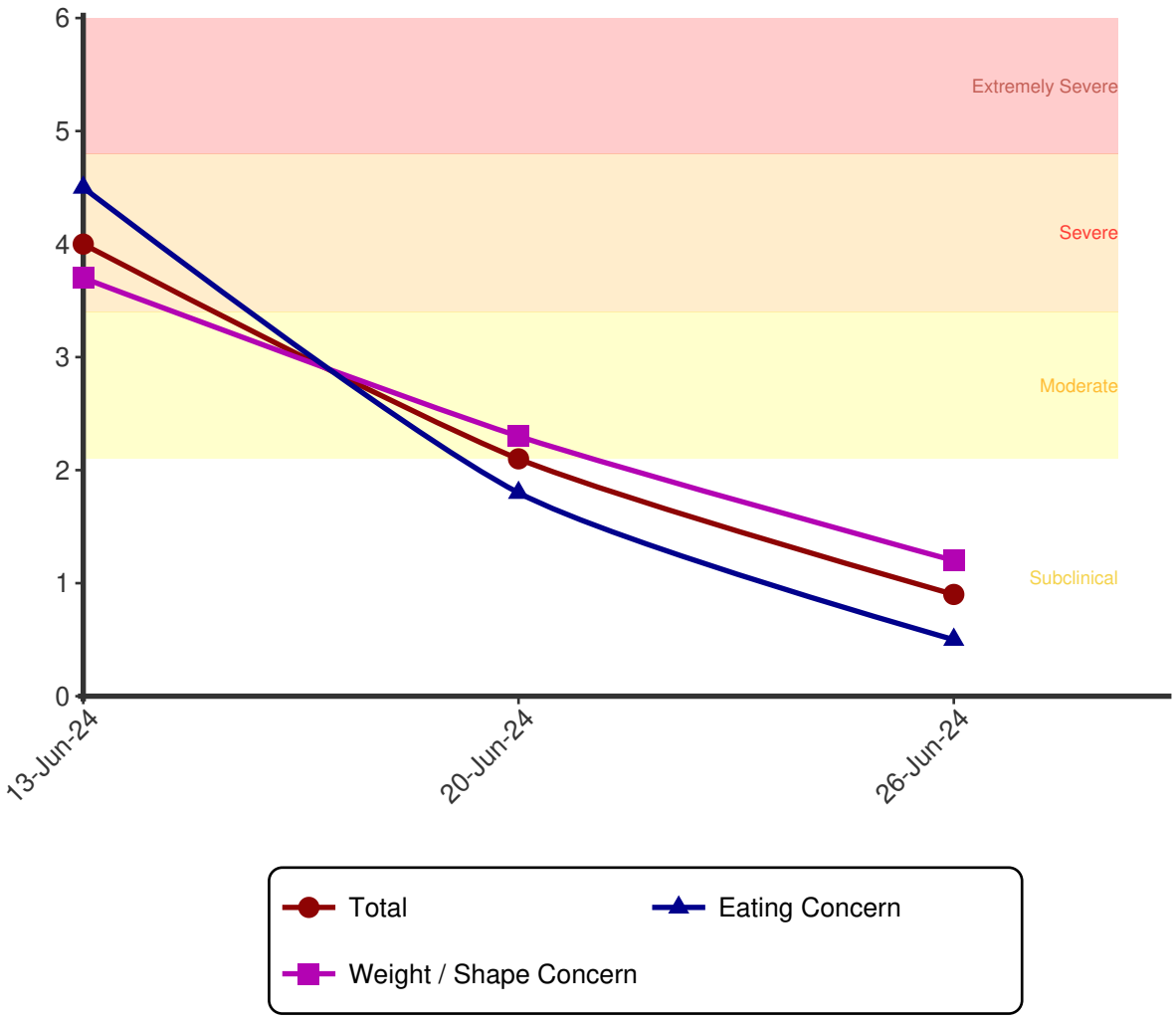
Eating Disorder-15 (ED-15)

Client Name	Generic Client	*Date administered*	26 Jun 2024
Date of birth (age)	9 Aug 1998 (25)	*Time taken*	28s
Assessor	Dr Mandira Mishra		

Results

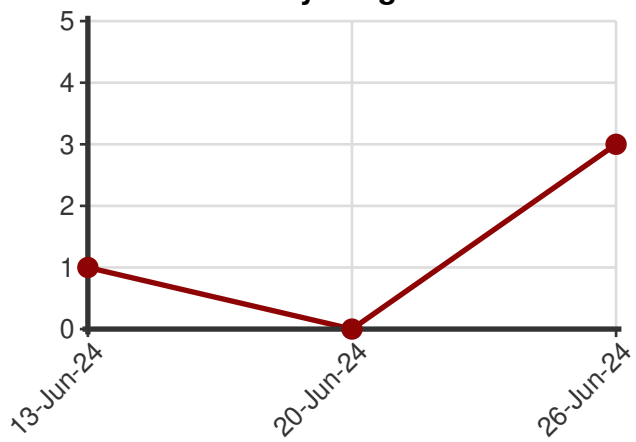
	Average Score (0 to 6)	Normative Percentile	Clinical Percentile	Descriptor
Total Score	0.9	38	7.4	Subclinical
Weight & Shape Concerns	1.2	60	14	-
Eating Concerns	0.5	20	4.5	-

ED-15 Average Score

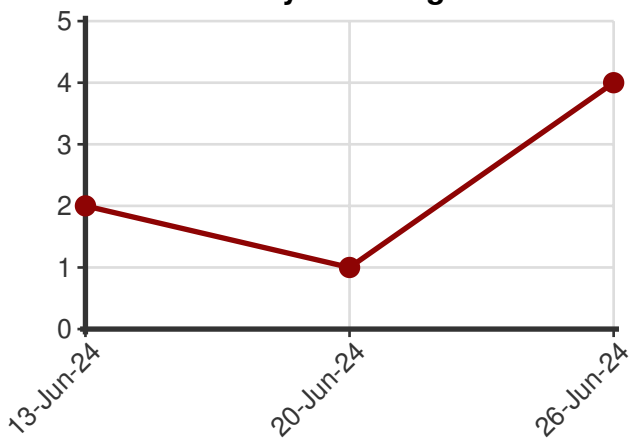


Client Name	Generic Client

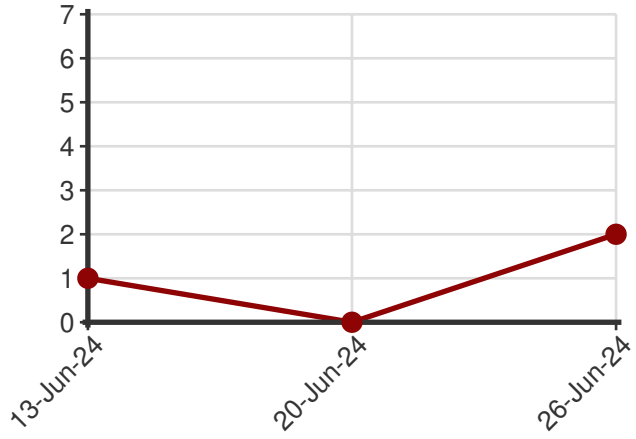
Weekly Binges



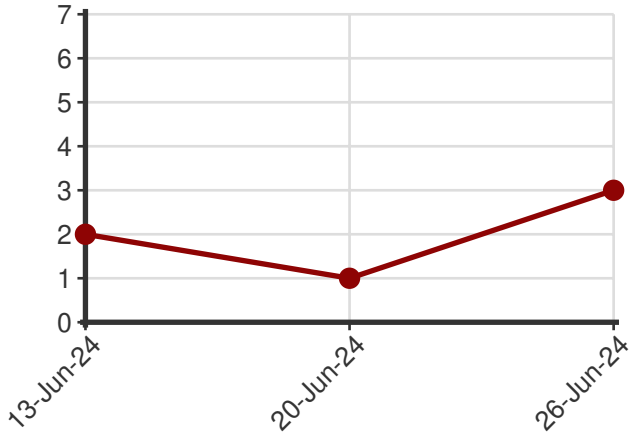
Weekly Vomiting



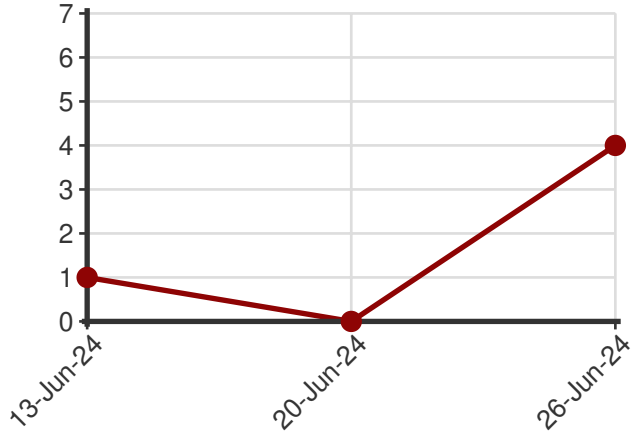
Days Laxatives Used



Days Restricted



Days Exercised



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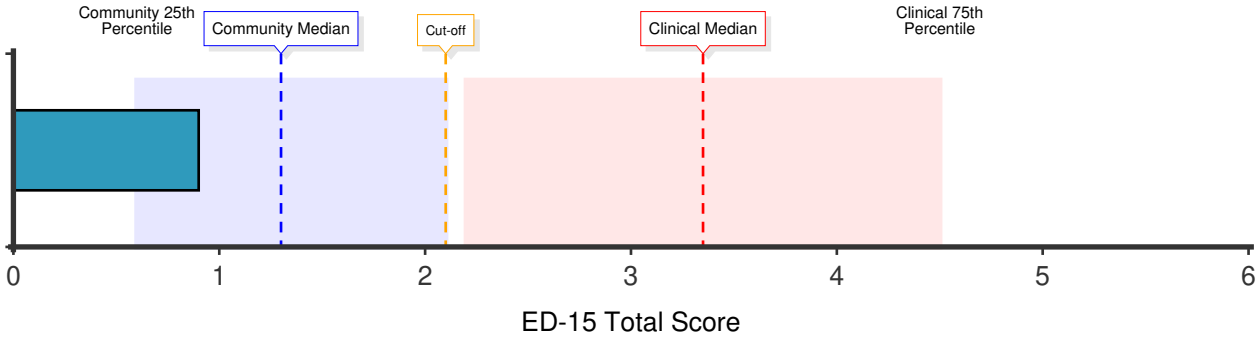
Scores compared to Community and Clinical Distributions



Interpretation

The respondent's scores were in the Subclinical range. They reported incidents of Bingeing, Vomiting, Laxatives, Restricted Eating and Excessive Exercise over the past week. Please inspect individual items for details.

Since the client's initial assessment on the ED-15 on 26 June 2024, their score has improved significantly, with a total score improvement of 3.1.

Their overall classification has changed from the Severe range to a classification within the Subclinical range.

Scoring and Interpretation Information

For comprehensive information on the ED-15, see here.

Scores for the two factors (Weight & Shape Concerns and Eating Concerns) and the total score are presented as an average score (between 0 to 6) with a higher score indicating more eating-disordered cognitions and behaviours.

In addition, normative community percentiles are presented allowing comparisons between the respondent's score and a non-clinical female normative sample (Rodrigues et al. 2019). A percentile of 50 represents typical (and relatively healthy) responses, whereas percentiles above 75 are indicative of clinically significant symptoms. These percentile scores are graphed, showing the relative severity of each subscales in percentile terms.

As well as a normative percentile, a clinical percentile is presented to facilitate a detailed comparison of a respondent's score relative to typical patterns of responding for people diagnosed with an eating disorder, such as anorexia nervosa, bulimia, binge eating disorder or other eating disorder (Rodrigues et al., 2019).

This dual percentile presentation allows for a comprehensive assessment of where the respondent stands in relation to normative (general population) and clinical (eating disorder population) benchmarks. A percentile of 50 on the clinical percentile corresponds to a community percentile of 91.

A comparison graph is presented showing the typical pattern distributions of responses for the

Client Name	Generic Client

Scoring and Interpretation Information (cont.)

community and clinical sample, with areas around the median defining the range between the 25th and 75th percentiles. Scores of 2.1 or above are considered to be clinically significant and indicate a likely eating disorder with a sensitivity of .73 and specificity of =.73.

The behavioural items (items 11 to 15) are represented by the frequency they have occurred in the past week.

Two subscales are presented:

Weight & Shape Concerns (score between 0 to 6) (Mean of items 2, 4, 5, 6, 9, 10). Difficulty experienced with thoughts about appearance, weight, shape, and perceived judgment by others.

Eating Concerns (score between 0 to 6) (Mean of items 1, 3, 7, 8). Difficulty experienced around food, including intrusive thoughts, restrictive practices, or worry about losing control over eating. If administered more than once the change in scores will be evaluated against the the Reliable Change Index (RCI; Rodrigues et al., 2019)), which defines clinically meaningful change in scores as a total score of 1 or more.

Client Responses

		Not at all	Rarely	Occasionally	Sometimes	Often	Most of the time	All the time
1	Worried about losing control over my eating?	**0**	1	2	3	4	5	6
2	Avoided activities or people because of the way I look?	**0**	1	2	3	4	5	6
3	Been preoccupied with thoughts of food and eating?	0	**1**	2	3	4	5	6
4	Compared my body negatively with others'?	0	**1**	2	3	4	5	6
5	Avoided looking at my body (e.g., in mirrors; wearing baggy clothes) because of the way it makes me feel?	0	**1**	2	3	4	5	6
6	Felt distressed about my weight?	0	1	**2**	3	4	5	6
7	Checked my body to reassure myself about my appearance (e.g., weighing myself; using mirrors)?	0	**1**	2	3	4	5	6
8	Followed strict rules about my eating?	**0**	1	2	3	4	5	6
9	Felt distressed about my body shape?	0	**1**	2	3	4	5	6
10	Worried that other people were judging me as a person because of my weight and appearance?	0	1	**2**	3	4	5	6

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Client Responses (cont.)

11	Over the past week, how many times have you binged (felt out of control of your eating, and eaten far more than a person normally would at one go)? (if you've never binged select NA)
	3
12	Over the past week, how many times have you vomited to control your weight (whether you had to make yourself sick or not) (i.e., using your fingers or medicines to make yourself sick, or vomiting without such aids)? (if you've never vomited to control weight select NA)
	4

		NA	0	1	2	3	4	5	6	7
13	How many DAYS in the past week have you used laxatives to control your weight or shape? (if you've never used laxatives weight select NA)	**0**	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**
14	How many DAYS in the past week have you restricted or dieted in order to control your weight?	**0**	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**
15	How many DAYS in the past week have you exercised hard in order to control our weight?	**0**	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**