



## Couples Satisfaction Index (CSI-16)

### Instructions:

Please answer as accurately as possible.

		Extremely unhappy	Fairly unhappy	A little unhappy	Happy	Very happy	Extremely happy	Perfect
1	Please indicate the degree of happiness, all things considered, of your relationship.	0	1	2	3	4	5	6
		All the time	Most of the time	More often than not	Occasionally	Rarely	Never	
2	In general, how often do you think that things between you and your partner are going well?	5	4	3	2	1	0	
		Not at all true	A little true	Somewhat true	Mostly true	Almost completely true	Completely true	
3	Our relationship is strong	0	1	2	3	4	5	
4	My relationship with my partner makes me happy	0	1	2	3	4	5	
5	I have a warm and comfortable relationship with my partner	0	1	2	3	4	5	
6	I really feel like part of a team with my partner	0	1	2	3	4	5	
		Not at all	A little	Somewhat	Mostly	Almost completely	Completely	
7	How rewarding is your relationship with your partner?	0	1	2	3	4	5	
8	How well does your partner meet your needs?	0	1	2	3	4	5	
9	To what extent has your relationship met your original expectations?	0	1	2	3	4	5	
10	In general, how satisfied are you with your relationship?	0	1	2	3	4	5	
		Interesting	4	3	2	1	Boring	
11	For each of the following items, select the answer that best describes how you feel about your relationship. Base your response on your first impressions and immediate feelings about the item. Select how you feel about your relationship:	5	4	3	2	1	0	
		Bad	1	2	3	4	Good	
12	Select how you feel about your relationship:	0	1	2	3	4	5	



		Full	4	3	2	1	Empty
13	Select how you feel about your relationship:	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0</b>
		Sturdy	4	3	2	1	Fragile
14	Select how you feel about your relationship:	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0</b>
		Discouraging	1	2	3	4	Hopeful
15	Select how you feel about your relationship:	<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
		Enjoyable	4	3	2	1	Miserable
16	Select how you feel about your relationship:	<b>5</b>	<b>4</b>	<b>3</b>	<b>2</b>	<b>1</b>	<b>0</b>

**Developer Reference:**

Funk, J. L., & Rogge, R. D. (2007). Testing the ruler with item response theory: Increasing precision of measurement for relationship satisfaction with the Couples Satisfaction Index. *Journal of Family Psychology*, 21(4), 572–583. <https://doi.org/10.1037/0893-3200.21.4.572>

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