



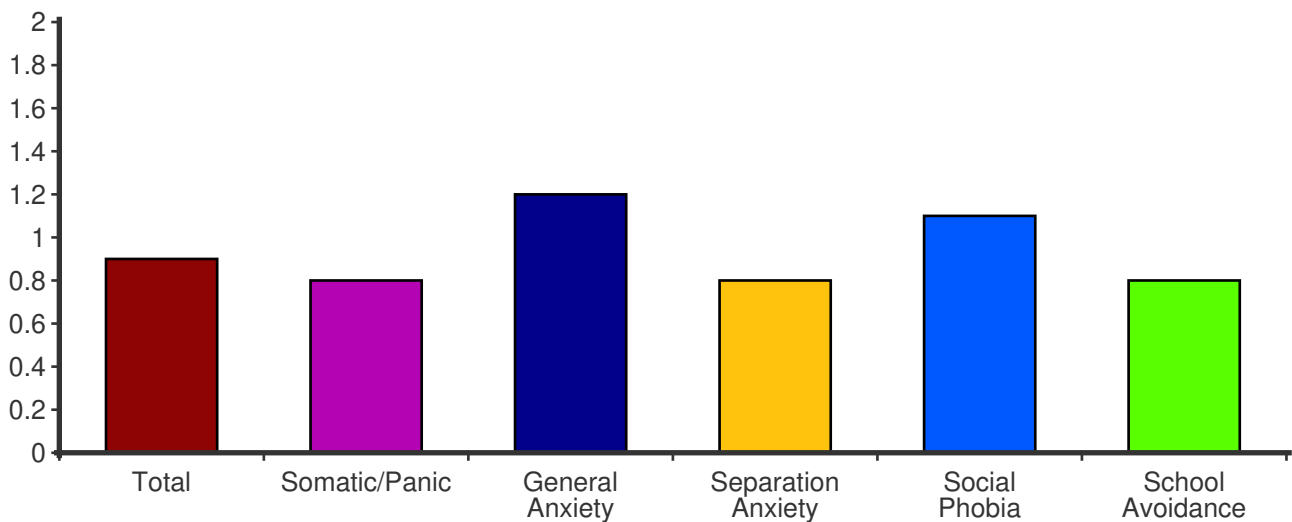
Screen for Child Anxiety Related Emotional Disorders Parent Version (SCARED Parent)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	28 Aug 2025
<i>Date of birth (age)</i>	14 Dec 2015 (9)	<i>Time taken</i>	48s
<i>Assessor</i>	Dr David Hegarty		

Results

	Raw Score	Average Score	Above Cut-off
Total Score (Range 0-82)	38	0.9	Yes
Somatic/Panic (Range 0-26)	10	0.8	Yes
General Anxiety (Range 0-18)	11	1.2	Yes
Separation Anxiety (Range 0-16)	6	0.8	Yes
Social Phobia (Range 0-14)	8	1.1	Yes
School Avoidance (Range 0-8)	3	0.8	Yes

SCARED Parent Average Scores



Scoring and Interpretation Information

For comprehensive information on the SCARED Parent, [see here](#).

The SCARED Parent Items are summed to obtain a raw score for the total and for each of the five subscales. Average scores are also presented to allow for a comparison between subscales. Higher scores indicate higher levels of anxiety. A total raw score of 25 or more may indicate the presence of an anxiety disorder.



Client Name | Generic Client

Five factor scores are presented with associated cut-offs:

- Somatic/Panic (Items 1, 6, 9, 12, 15, 18, 19, 22, 24, 27, 30, 34, 38): assesses physical symptoms associated with panic and anxiety. A score of 7 or above may indicate the presence of panic disorder or significant somatic symptoms.
- General Anxiety (Items 5, 7, 14, 21, 23, 28, 33, 35, 37): evaluates excessive worry and anxiety that is not specific to particular situations. A score of 9 or above may indicate the presence of generalised anxiety disorder.
- Separation Anxiety (Items 4, 8, 13, 16, 20, 25, 29, 31): measures anxiety related to separation from attachment figures (typically parents/carers). A score of 5 or above may indicate separation anxiety disorder.
- Social Phobia (Items 3, 10, 26, 32, 39, 40, 41): evaluates fear and anxiety in social or performance situations. A score of 8 or above may indicate social anxiety disorder.
- School Avoidance (Items 2, 11, 17, 36): assesses anxiety and avoidance related to the school environment. A score of 3 or above may indicate significant school avoidance.

On first administration of the SCARED Parent a plot is presented of average scores to enable a comparison between subscales. Upon multiple administration the progress of therapy can be tracked using a plot demonstrating the change in average scores over time.

Client Responses

		Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True
1	When my child feels frightened, it is hard for him/her to breathe	0	1	2
2	My child gets headaches when he/she is at school	0	1	2
3	My child doesn't like to be with people he/she doesn't know well	0	1	2
4	My child gets scared if he/she sleeps away from home	0	1	2
5	My child worries about other people liking him/her	0	1	2
6	When my child gets frightened, he/she feels like passing out	0	1	2
7	My child is nervous	0	1	2
8	My child follows me wherever I go	0	1	2
9	People tell me that my child looks nervous	0	1	2
10	My child feels nervous with people he/she doesn't know well	0	1	2
11	My child gets stomach aches at school	0	1	2



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Client Responses (cont.)

		Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True
12	When my child gets frightened, he/she feels like he/she is going crazy	0	1	2
13	My child worries about sleeping alone	0	1	2
14	My child worries about being as good as other kids	0	1	2
15	When my child gets frightened, he/she feels like things are not real	0	1	2
16	My child has nightmares about something bad happening to his/her parents	0	1	2
17	My child worries about going to school	0	1	2
18	When my child gets frightened, his/her heart beats fast	0	1	2
19	He/she gets shaky	0	1	2
20	My child has nightmares about something bad happening to him/her	0	1	2
21	My child worries about things working out for him/her	0	1	2
22	When my child gets frightened, he/she sweats a lot	0	1	2
23	My child is a worrier	0	1	2
24	My child gets really frightened for no reason at all	0	1	2
25	My child is afraid to be alone in the house	0	1	2
26	It is hard for my child to talk with people he/she doesn't know well	0	1	2
27	When my child gets frightened, he/she feels like he/she is choking	0	1	2
28	People tell me that my child worries too much	0	1	2
29	My child doesn't like to be away from his/her family	0	1	2
30	My child is afraid of having anxiety (or panic) attacks	0	1	2



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Client Responses (cont.)

		Not True or Hardly Ever True	Somewhat True or Sometimes True	Very True or Often True
31	My child worries that something bad might happen to his/her parents	0	1	2
32	My child feels shy with people he/she doesn't know well	0	1	2
33	My child worries about what is going to happen in the future	0	1	2
34	When my child gets frightened, he/she feels like throwing up	0	1	2
35	My child worries about how well he/she does things	0	1	2
36	My child is scared to go to school	0	1	2
37	My child worries about things that have already happened	0	1	2
38	When my child gets frightened, he/she feels dizzy	0	1	2
39	My child feels nervous when he/she is with other children or adults and he/she has to do something while they watch him/her (for example: read aloud, speak, play a game, play a sport.)	0	1	2
40	My child feels nervous when he/she is going to parties, dances, or any place where there will be people that he/she doesn't know well	0	1	2
41	My child is shy	0	1	2