



Ten Item Personality Inventory (TIPI)

Instructions:

Here are a number of personality traits that may or may not apply to you. Please indicate the extent to which you agree or disagree with that statement. You should rate the extent to which the pair of traits applies to you, even if one characteristic applies more strongly than the other.

		Disagree strongly	Disagree moderately	Disagree a little	Neither agree nor disagree	Agree a little	Agree moderately	Agree strongly
1	Extraverted, enthusiastic.	1	2	3	4	5	6	7
2	Critical, quarrelsome.	7	6	5	4	3	2	1
3	Dependable, self-disciplined.	1	2	3	4	5	6	7
4	Anxious, easily upset.	7	6	5	4	3	2	1
5	Open to new experiences, complex.	1	2	3	4	5	6	7
6	Reserved, quiet.	7	6	5	4	3	2	1
7	Sympathetic, warm.	1	2	3	4	5	6	7
8	Disorganized, careless.	7	6	5	4	3	2	1
9	Calm, emotionally stable.	1	2	3	4	5	6	7
10	Conventional, uncreative.	7	6	5	4	3	2	1

Developer Reference:

Gosling, S. D., Rentfrow, P. J., & Swann, W. B. (2003). A very brief measure of the Big-Five personality domains. *Journal of Research in Personality*, 37(6), 504–528. [https://doi.org/10.1016/S0092-6566\(03\)00046-1](https://doi.org/10.1016/S0092-6566(03)00046-1)

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