



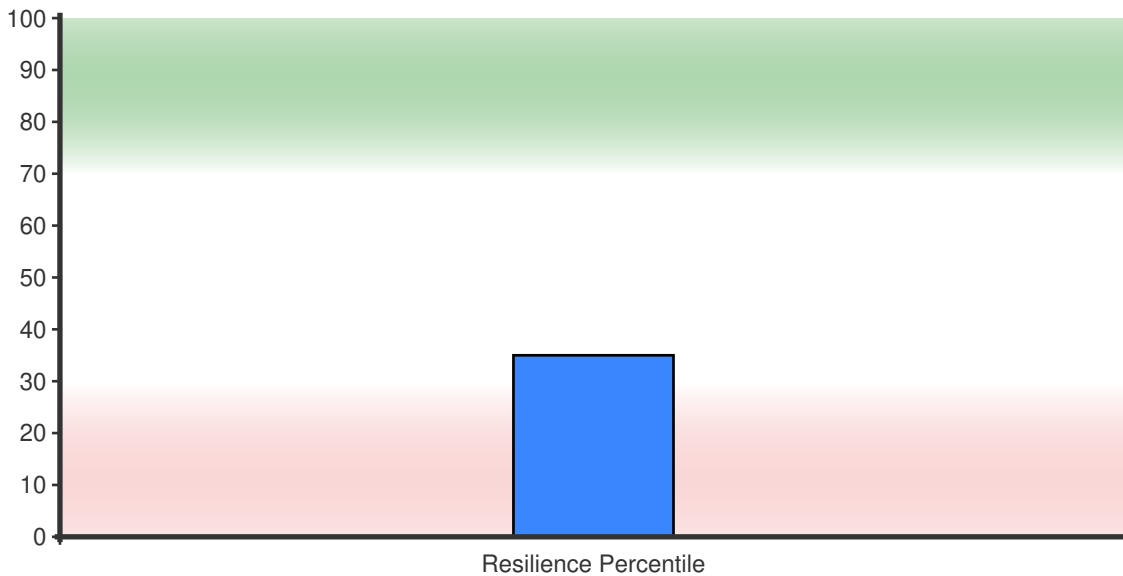
### Brief Resilience Scale (BRS)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	1 Aug 2025
<i>Date of birth (age)</i>	1 Jan 1999 (26)	<i>Time taken</i>	8s
<i>Assessor</i>	Dr Emerson Bartholomew		

### Results

	Raw Score (6 to 30)	Percentile
Total Score	18	35

### Resilience Percentile



### Scoring and Interpretation Information

For comprehensive information on the BRS, [see here](#).

A total raw score is presented ranging from 6 to 30, with a higher score indicating more resilience and a better ability to bounce back from stress and adversity. Lower scores suggest difficulty recovering from setbacks and may indicate the need for resilience-building interventions or additional support during challenging periods.

In addition, a percentile is calculated using an Australian sample of 2,710 students (Whatnall et al., 2019), with a percentile score of 50 representing a typical and reasonably healthy level of resilience.



**Client Name** | Generic Client

On first administration, a bar graph of the total percentile is displayed, showing how a client's score compares to a normative sample. On multiple administrations, a line graph of the total percentile is shown to track changes over time.

## Client Responses

		Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
1	I tend to bounce back quickly after hard times.	1	2	3	4	5
2	I have a hard time making it through stressful events.	5	4	3	2	1
3	It does not take me long to recover from a stressful event.	1	2	3	4	5
4	It is hard for me to snap back when something bad happens.	5	4	3	2	1
5	I usually come through difficult times with little trouble	1	2	3	4	5
6	I tend to take a long time to get over set-backs in my life.	5	4	3	2	1