



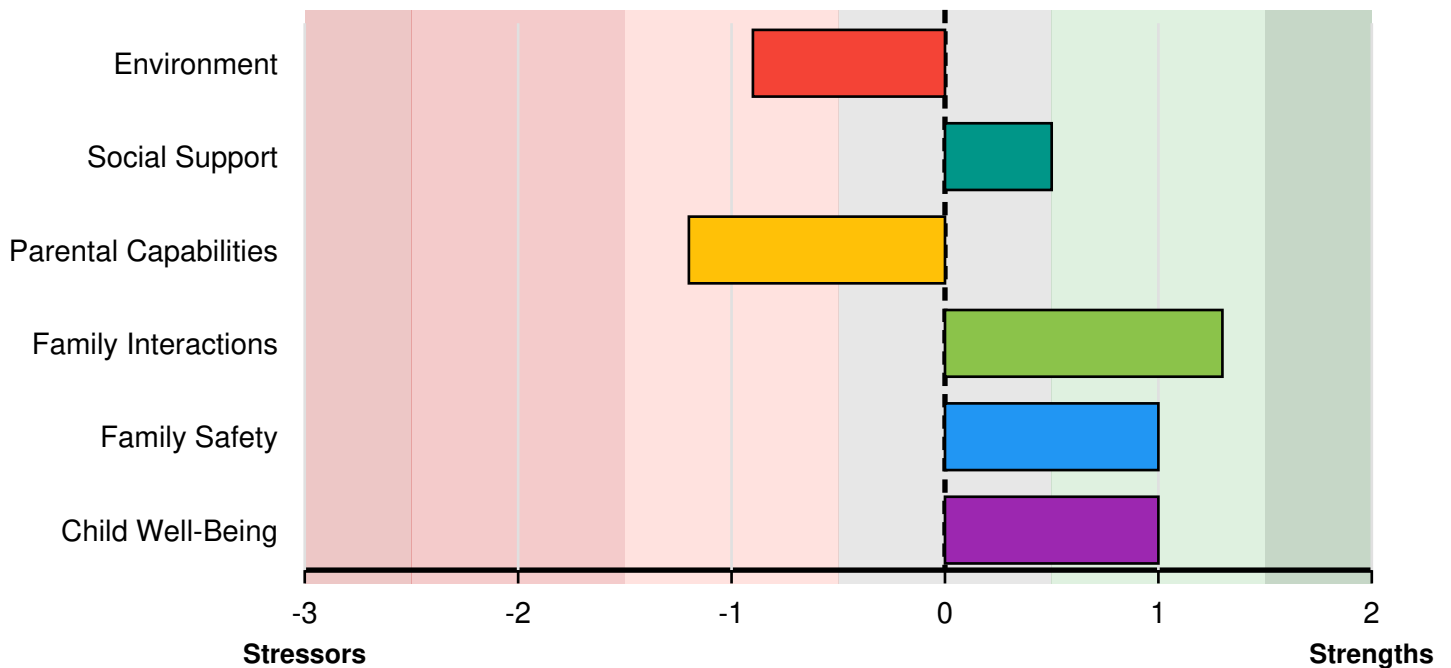
### Strengths and Stressors (SAS)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	1 Aug 2025
<i>Date of birth (age)</i>	1 Jan 1999 (26)	<i>Time taken</i>	16 min 29s
<i>Assessor</i>	Dr Emerson Bartholomew		

### Results

	Raw Score	Average Score (-3 to 2)	Descriptor
Environment	-8	-0.9	Mild Stressor
Social Support	2	0.5	Mild Strength
Parental Capabilities	-7	-1.2	Mild Stressor
Family Interactions	5	1.3	Mild Strength
Family Safety	5	1	Mild Strength
Child Well-Being	7	1	Mild Strength

### Domain Strengths and Stressors Profile





<b>Client Name</b>	Generic Client
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## Scoring and Interpretation Information

For comprehensive information on the SAS, [see here](#).

The scale uses a 6-point rating scale for each item, ranging from -3 to +2, where negative scores indicate stressors and positive scores represent strengths. This asymmetric scale acknowledges that risk factors may require more nuanced differentiation than protective factors in child protection contexts. Items within each domain are summed to produce raw scores, which are then averaged to generate domain-level scores maintaining the -3 to +2 range.

Higher positive scores across domains suggest family resilience and capacity, whilst negative scores highlight vulnerabilities and risks. The scale does not produce a total score, encouraging practitioners to maintain focus on the unique profile of strengths and challenges within each family rather than reducing complex family dynamics to a single risk indicator. This domain-specific approach facilitates targeted intervention planning and enables practitioners to track differential progress across various aspects of family functioning over time.

Domain raw score ranges:

- Environment (9 items, 1-9, range -27 to +18): Providing a measure of housing stability, safety in the community, habitability of housing, income/employment, financial management, food and nutrition, personal hygiene, transportation, and learning environment.
- Social Support (4 items, 10-13, range -12 to +8): Providing a measure of social relationships, regular services accessed, access to emergency services, and motivation for support.
- Parental Capabilities (6 items, 14-19, range -18 to +12): Providing a measure supervision of children, disciplinary practices, support of child development, and mental, physical, and alcohol/drug abuse issues that might affect parenting.
- Family Interactions (4 items, 20-23, range -12 to +8): Providing a measure of bonding with children, expectations of children, mutual support, and the marital relationship.
- Family Safety (5 items, 24-28, range -15 to +10): Providing a measure of potential physical, sexual, and emotional abuse of children, child neglect, and domestic violence.
- Child Well-Being (7 items, 29-35, raw scores -21 to +14): Providing a measure of child mental health and behaviour, school performance, relationship with caregivers, relationship with siblings (if applicable), relationship with peers, and motivation/cooperation.

Interpretation guidelines for averaged domain scores:

- -3 to -2.5: Serious Stressor - indicating significant concern requiring immediate and intensive intervention
- -2.5 to -1.5: Moderate Stressor - representing notable concerns requiring targeted intervention
- -1.5 to -0.5: Mild Stressor - suggesting areas to monitor with potential preventive support
- -0.5 to +0.5: Adequate/Community Norm - reflecting typical functioning not requiring specific intervention
- +0.5 to +1.5: Mild Strength - indicating positive functioning that can be leveraged in intervention planning
- +1.5 to +2: Clear Strength - representing significant protective factors that buffer against risk

On first administration a two-way horizontal bar graph is displayed showing all six domain scores ranging from -3 to +2. On multiple administrations a line graph of all domains is shown to track scores over time.



**Client Name** | Generic Client

## Client Responses

		Serious Stressor	Moderate Stressor	Mild Stressor	Adequate / Community Norm	Mild Strength	Clear Strength
1	*** Environment *** Housing Stability (Pays rent/mortgage on time, has not moved in the last 6 months)	-3	-2	-1	0	1	2
2	Safety in Community (Safe neighbourhood for children (no problem playing outside), neighbours look out for each other)	-3	-2	-1	0	1	2
3	Habitability of Housing (Good space and privacy for children, good adequate furnishings in rooms)	-3	-2	-1	0	1	2
4	Income/Employment (Family has had stable employment in last 6 months, is receiving public assistance)	-3	-2	-1	0	1	2
5	Financial Management (Stable budgeting, seldom in crisis over money)	-3	-2	-1	0	1	2
6	Food and Nutrition (Prepares balanced nutritious meals, family eats together whenever possible)	-3	-2	-1	0	1	2
7	Personal Hygiene (Children look clean and well-groomed, adults look clean and well-groomed)	-3	-2	-1	0	1	2
8	Transportation (Has access to public transport, has access to private transport)	-3	-2	-1	0	1	2
9	Learning Environment (Provides age-appropriate toys and games, attention paid to developmental needs of children)	-3	-2	-1	0	1	2
10	*** Social Support *** Social Relationships (Has frequent interactions with relatives/friends, attends civic and religious activities)	-3	-2	-1	0	1	2
11	Regular Services (Ability to access available services (childcare, community etc))	-3	-2	-1	0	1	2
12	Emergency Services (Has access to emergency help from relatives/friends when in need, knows where to obtain emergency services from community)	-3	-2	-1	0	1	2
13	Motivation for Support (The family accepts support/services from agencies, the family is willing to accept support from relatives/friends)	-3	-2	-1	0	1	2
14	*** Parental Capabilities *** Supervision of Children (Provides age-appropriate supervision)	-3	-2	-1	0	1	2
15	Disciplinary Practices (Can provide consistent discipline)	-3	-2	-1	0	1	2
16	Support of Child Development (Provides developmental and enrichment opportunities)	-3	-2	-1	0	1	2
17	Few mental health problems that affect parenting	-3	-2	-1	0	1	2
18	Few physical/medical problems that affect parenting	-3	-2	-1	0	1	2
19	Few alcohol/drug abuse problems that affect parenting	-3	-2	-1	0	1	2



**Client Name** | Generic Client

### Client Responses (cont.)

		Serious Stressor	Moderate Stressor	Mild Stressor	Adequate / Community Norm	Mild Strength	Clear Strength
20	*** Family Interactions *** Bonding with Children (Can effectively communicate with child, affection and harmony with the child)	-3	-2	-1	0	1	2
21	Expectations of the Child(ren) (Age-appropriate expectation of the child, can tolerate mistakes in child)	-3	-2	-1	0	1	2
22	Mutual Support (Good emotional supports as a family, can lend support when needed, can resolve conflict and dispute in family)	-3	-2	-1	0	1	2
23	Marital Relationship (Stable marital relationship in the family)	-3	-2	-1	0	1	2
24	*** Family Safety *** Absence/Presence of Physical Abuse of Child(ren)	-3	-2	-1	0	1	2
25	Absence/Presence of Sexual Abuse of Child(ren)	-3	-2	-1	0	1	2
26	Absence/Presence of Emotional Abuse of Child(ren)	-3	-2	-1	0	1	2
27	Absence/Presence of Neglect of Child(ren)	-3	-2	-1	0	1	2
28	Absence/Presence of Domestic Violence Between Parents/Caregivers	-3	-2	-1	0	1	2
29	*** Child Well-Being (Child at highest risk) *** Child's Mental Health (Emotional stability, ability to handle stress)	-3	-2	-1	0	1	2
30	Child's Behaviour (Few management problems at home, few management problems at school, few delinquent behaviours)	-3	-2	-1	0	1	2
31	School Performance (Good attendance, good academic record)	-3	-2	-1	0	1	2
32	Relationship with Caregivers (Accepts discipline and supervision, good communication with the caregivers)	-3	-2	-1	0	1	2
33	Relationship with Siblings (Gets along with siblings) (optional)	-3	-2	-1	0	1	2
34	Relationship with Peers (Has peers as close friends)	-3	-2	-1	0	1	2
35	Motivation/Cooperation (Is interested in staying with family/caregivers, parents/caregivers are motivated to change behaviour)	-3	-2	-1	0	1	2