



Extreme Demand Avoidance - 8 (EDA-8)

Instructions:

Please answer the questions thinking about your child's behaviour during the last six months. Please read each item carefully and select the answer that best applies.

		Not true	Somewhat true	Mostly true	Very true
1	Obsessively resists and avoids ordinary demands and requests	0	1	2	3
2	Is driven by the need to be in charge	0	1	2	3
3	Tells other children how they should behave, but does not feel these rules apply to themselves	0	1	2	3
4	Has difficulty complying with demands unless they are carefully presented	0	1	2	3
5	Seems unaware of the differences between themselves and authority figures (e.g., parents, teachers, police)	0	1	2	3
6	Mood changes very rapidly (e.g., switches from affectionate to angry in an instant)	0	1	2	3
7	Uses outrageous or shocking behaviour to get out of doing something	0	1	2	3
8	Has bouts of extreme emotional responses to small events (e.g., crying/giggling, becoming furious)	0	1	2	3

Developer Reference:

O'Nions, E., Happé, F., Viding, E., & Noens, I. (2021). Extreme demand avoidance in children with autism spectrum disorder: Refinement of a caregiver-report measure. *Advances in Neurodevelopmental Disorders*, 5, 269-281. <https://doi.org/10.1007/s41252-021-00203-z>

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