



Multidimensional Inventory of Dissociation 60-item version (MID-60)

<i>Client Name</i>	Generic Client	<i>Date administered</i>	26 Nov 2025
<i>Date of birth (age)</i>	17 Feb 1975 (50)	<i>Time taken</i>	30s
<i>Assessor</i>	Dr David Hegarty		

Probable Profile Classification

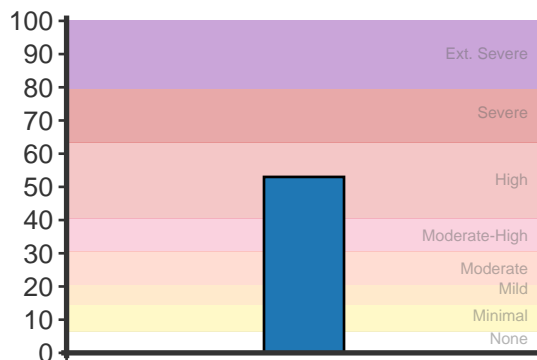
Classification	Subscales at Clinical Cutoff
Dissociative Identity Disorder (DID)	12 of 12

This individual has indicated risk of self-harm or suicide. It is recommended to follow suicide risk assessment protocols to determine the nature, severity, and immediacy of the risk.

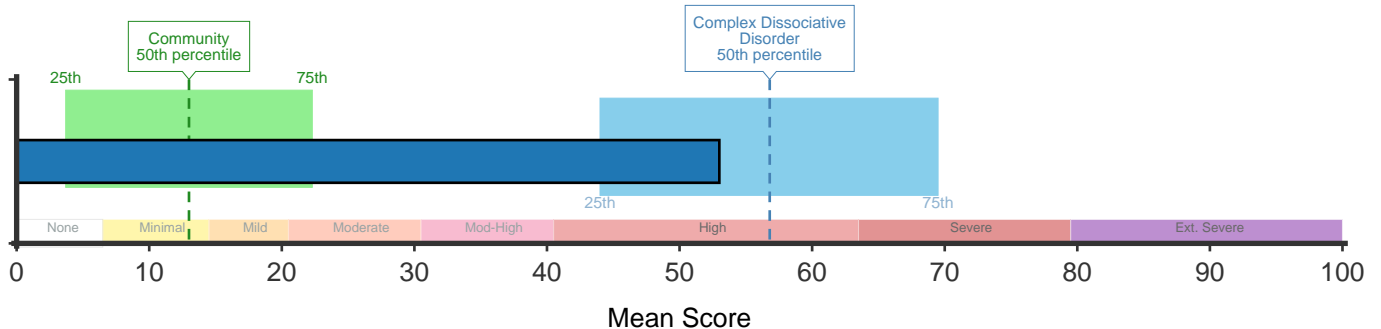
MID-60 Total Score

Mean Score (0-100)	Community Percentile	Clinical Percentile	Descriptor
53	99.8	42	High dissociative symptoms

MID-60 Total Mean Score



MID-60 Total Mean Score in Comparison to Normative and Clinical Distributions





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Interpretation

The Multidimensional Inventory of Dissociation 60-item version (MID-60) was administered on 26 November 2025. The client obtained a total mean score of 53, which falls in the 'High dissociative symptoms' range (at the 99.8th percentile of the community population). Based on the pattern of responses and subscale elevations, the probable profile classification is **Dissociative Identity Disorder (DID)**.

Risk of Self-Harm or Suicide

The respondent indicated risk of self-harm or suicide based upon the following items:

- 22. *Hearing a voice in your head that wants you to hurt yourself (Response: 8/10)*
- 44. *Hearing a voice in your head that wants you to die (Response: 1/10)*
- 58. *There were times when you "woke up" and found pills or a razor blade (or something else to hurt yourself with) in your hand (Response: 1/10)*

It is recommended to follow suicide risk assessment protocols to determine the nature, severity, and immediacy of the risk.

Subscales Contributing to Probable Profile Classification

The probable profile classification of **Dissociative Identity Disorder (DID)** is based upon the pattern of responses and subscale elevations. There were 4 subscales contributing to this classification that exceeded their respective clinical cutoffs. See below for details.

DID/OSDD-1: Persecutory intrusions (Score: 74, Cutoff: 18, Items at clinical threshold: 4/5)

The client experiences persecutory intrusions in the form of critical, hostile internal voices that forcefully enter their mind and harshly criticise, belittle, or censor them. Voices that command self-harm or express a wish for the client to be dead are flagged for clinical attention. In particular, the client endorsed the following items:

- 56. *Hearing a voice in your head that tells you to "shut up" (Response: 10/10)*
- 37. *Hearing a voice in your head that calls you names (e.g., wimp, stupid, whore, slut, bitch, etc.) (Response: 9/10)*
- 59. *Hearing a voice in your head that calls you no good, worthless, or a failure (Response: 9/10)*

DID: Amnesia (for recent events) (Score: 47.5, Cutoff: 10, Items at clinical threshold: 3/4)

The client reports episodes of suddenly finding themselves in a situation without knowing how they got there, reflecting periods of fugue or "lost time." In particular, the client endorsed the following items:

- 45. *Suddenly finding yourself somewhere odd at home (e.g., inside the closet, under a bed, curled up on the floor, etc.) with no knowledge of how you got there (Response: 10/10)*
- 48. *Suddenly finding yourself somewhere (e.g., at the beach, at work, in a nightclub, in your car, etc.) with no memory of how you got there (Response: 8/10)*
- 58. *There were times when you "woke up" and found pills or a razor blade (or something else to hurt yourself with) in your hand (Response: 1/10)*

DID/OSDD-1: Subjective awareness of alter personalities (Score: 72, Cutoff: 20, Items at clinical threshold: 5/5)

The client reports awareness of distinct self-states or "parts" that feel as if they act independently and are "not me." This may include hearing child voices internally, sensing other people inside who can speak or take control, or experiencing themselves as having multiple personalities. In particular, the client endorsed the following items:

- 36. *Feeling that you have multiple personalities (Response: 10/10)*
- 57. *Having another part inside that has different memories, behaviors, and feelings than you do*



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(Response: 10/10)

- 49. *Feeling that there is another person inside who can come out and speak if it wants*

(Response: 9/10)

DID/OSDD-1: Angry intrusions (Score: 56, Cutoff: 18, Items at clinical threshold: 5/5)

The client experiences sudden, strong intrusions of anger that feel outside their control, as if an angry part “takes over” their speech and behaviour and feels separate from their usual sense of self. During these episodes, they may or do things they would not ordinarily do. In particular, the client endorsed the following items:

- 60. *Having a very angry part that "comes out" and says and does things that you would never do or say* (Response: 10/10)

- 46. *Feeling as if there is something inside you that takes control of your behaviour and speech* (Response: 6/10)

- 28. *Words just flowing from your mouth as if they were not in your control* (Response: 5/10)

Top 3 Additional Clinically Significant Symptom Domains

3 additional subscales exceeded their respective clinical cutoffs. See below for details.

Conversion Disorder: Psychogenic non-epileptic seizures (Score: 60, Cutoff: 10, Items at clinical threshold: 1/1)

The client experiences seizure-like episodes that medical evaluation has determined are not epileptic in origin. These psychogenic non-epileptic seizures often occur in the context of trauma history and dissociation. In particular, the client endorsed the following items:

- 26. *Having seizures for which your doctor can find no reason* (Response: 6/10)

General: Trance (Score: 58.3, Cutoff: 11.7, Items at clinical threshold: 6/6)

The client frequently enters prolonged trance states characterised by markedly reduced awareness of their surroundings and disconnection from present reality. During these episodes, they may be intensely focused on internal experience, which may range from focusing on traumatic events, engaging in enjoyable daydreams, to experiencing a state of total emptiness. In particular, the client endorsed the following items:

- 32. *Drifting into trance without even realising that it is happening* (Response: 10/10)

- 27. *Going into trance so much (or for so long) that it interferes with your daily activities and responsibilities* (Response: 8/10)

- 30. *Going into trance for hours* (Response: 6/10)

Conversion Disorder: Body symptoms (Score: 35, Cutoff: 10, Items at clinical threshold: 4/4)

The client reports episodes of neurological symptoms without medical explanation, including temporary blindness, deafness, paralysis, or difficulty swallowing. These functional neurological symptoms may represent the somatic expression of psychological distress. In particular, the client endorsed the following items:

- 14. *Being paralysed or unable to move (for no known medical reason)* (Response: 7/10)

- 18. *Not being able to hear for a while (as if you are deaf) (for no known medical reason)* (Response: 4/10)

- 10. *Not being able to see for a while (as if you are blind) for no known medical reason* (Response: 2/10)



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Dissociative Identity Disorder

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Amnesia (for recent events)	47.5	Yes	3 of 4

DID and OSDD-1

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Awareness of alter personalities	72	Yes	5 of 5
Angry intrusions	56	Yes	5 of 5
Persecutory intrusions	74	Yes	4 of 5

Depersonalisation / Derealisation Disorder

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Depersonalisation / Derealisation	35	Yes	5 of 8

Dissociative Amnesia

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Distress about memory problems	36.7	Yes	4 of 6
Loss of autobiographical memory	44	Yes	2 of 5

Post-Traumatic Stress Disorder

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Flashbacks	52	Yes	5 of 5

Conversion Disorder

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Body symptoms	35	Yes	4 of 4
Pseudo-Seizures	60	Yes	1 of 1

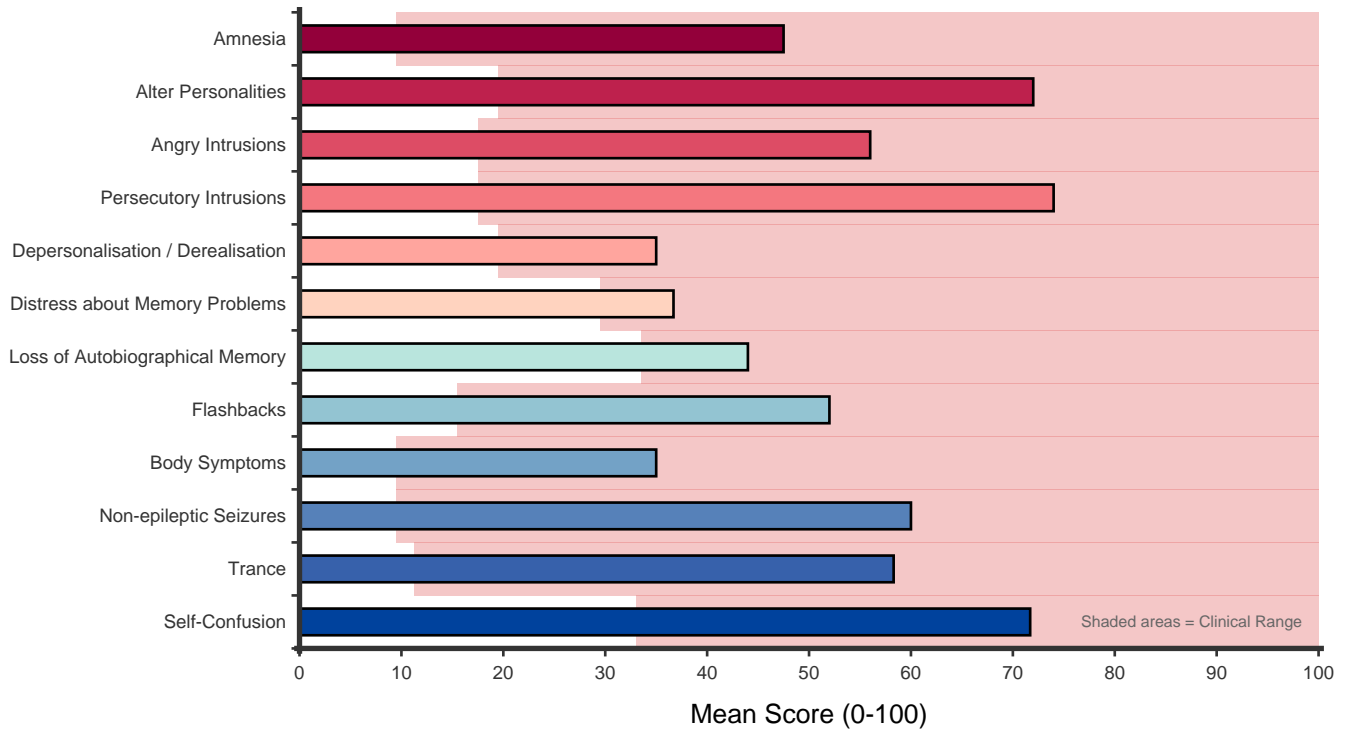
General Subscales

	Mean Score (0-100)	In Clinical Range?	Items in Clinical Range
Trance	58.3	Yes	6 of 6
Self-Confusion	71.7	Yes	6 of 6



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MID-60 Subscale Mean Scores



Scoring and Interpretation Information

For comprehensive information on the MID-60, [see here](#).

A total mean score (range 0 to 100) is calculated by averaging all 60 responses and multiplying by 10. The mean score represents the total level of dissociative experiences, also interpreted as the percentage of time the person self-reports having dissociative symptoms and experiences.

MID-60 Percentiles

Two percentiles are presented for the total mean score, indicating how the respondent scored in comparison to community and clinical populations. The community percentile provides a comparison against a sample of typical individuals (Kate et al., 2021). A percentile of 50 represents average (and healthy) levels of dissociative experiences. In contrast, a percentile of 90 indicates the respondent scored above 90 percent of typical individuals and is of clinical significance. The clinical percentile compares the respondent's score against clients with a diagnosed dissociative disorder, comprising predominantly females with DID (Kate, Jamieson & Middleton, 2023). A clinical percentile of 50 represents pathological levels of dissociation that is typical among those with a complex dissociative disorder, particularly DID.

MID-60 Total Score

Interpretation for the MID-60 mean scores is as follows:

- 0–6: Does not have dissociative experiences
- 7–14: Has few diagnostically significant dissociative experiences



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- 15–20: Mild dissociative symptoms and experiences. PTSD or a mild dissociative disorder (such as dissociative amnesia, depersonalisation / derealisation disorder) are possible
- 21–30: May have dissociative disorder and/or PTSD
- 31–40: May have a dissociative disorder (such as OSDD-1 or DID) and PTSD
- 41–63: Probably has DID or a severe dissociative disorder and PTSD
- 64–79: Severe dissociative and post-traumatic symptoms. Individuals with DID often score in this range. However, high scores may also reflect neuroticism, attention-seeking behaviour, exaggeration or malingering of symptoms, or psychosis
- 80+: Indicates an unusually high score, even among individuals diagnosed with severe and complex dissociative disorders

MID-60 Subscales

The MID-60 provides information on subscales relevant to different diagnoses. This enables the clinician to form an impression about the likely diagnosis. For example, a score of 27 is clinically significant, but does not indicate the most likely diagnosis. If the subscales of PTSD and depersonalisation/derealisation are both above the clinical threshold, this can indicate the person has the dissociative subtype of PTSD, whereas if the memory-related subscales are above the clinical threshold this can indicate dissociative amnesia. Another example is a person who has a total mean score of 45, which would seem to indicate dissociative identity disorder. Yet, if the subscale score for amnesia (for recent events) is not elevated, this points towards a more severe case of other specified dissociative disorder.

The subscales are:

1. DID: Amnesia (for recent events) - items 42, 45, 48, 58. Clinical cutoff = 10. Assesses episodes of "losing time," finding oneself in unexpected locations, discovering unexplained changes to appearance, and regaining awareness with objects in hand with no memory of how they got there
2. DID / OSDD-1: Subjective awareness of alter personalities and self-states - items 3, 36, 39, 49, 57. Clinical cutoff = 20. Subjective Awareness of Alter Personalities and Self-States: Evaluates awareness of distinct personality states or "parts" with their own identities, voices, and perspectives, including hearing child voices internally and sensing other people inside who can speak or take control
3. DID / OSDD-1: Angry intrusions - items 28, 33, 35, 46, 60. Clinical cutoff = 18. Measures intrusions of anger that feel outside one's control, including words or actions not remembered after calming down
4. DID / OSDD-1: Persecutory intrusions - items 22, 37, 44, 56, 59. Clinical cutoff = 18. Assesses critical, hostile, or self-destructive internal voices that demean, command self-harm, or wish the individual dead
5. Derealisation/Depersonalisation - items 2, 7, 9, 13, 25, 47, 50, 53. Clinical cutoff = 20. Evaluates experiences of unreality about oneself, others, or surroundings, including feeling detached from one's body or emotions and perceiving the world as foggy or distant
6. Dissociative Amnesia: Distress about severe memory problems - items 1, 8, 20, 38, 43, 52. Clinical cutoff = 30. Measures subjective distress related to pervasive memory difficulties affecting daily functioning
7. Dissociative Amnesia: Loss of autobiographical memory - items 16, 19, 24, 29, 34. Clinical cutoff = 34. Assesses substantial gaps in personal history, including missing periods from childhood or feeling that important life events cannot be recalled
8. PTSD: Flashbacks - items 4, 15, 31, 40, 54. Clinical cutoff = 16. Evaluates intrusive re-experiencing of traumatic memories with vivid sensory detail
9. Functional Neurological Symptom Disorder (Conversion Disorder): Body symptoms - items 5, 10, 14, 18. Clinical cutoff = 10. Measures episodes of neurological symptoms without medical



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explanation, including temporary blindness, deafness, paralysis, or difficulty swallowing

10. Functional Neurological Symptom Disorder (Conversion Disorder): Pseudo-Seizures (Psychogenic non-epileptic seizures) - item 26. Clinical cutoff = 10. Assesses seizure-like episodes that are not epileptic in origin

11. General Subscales: Trance - items 21, 27, 30, 32, 41, 51. Clinical cutoff = 11.7. Evaluates prolonged trance states characterised by staring, reduced awareness, and disconnection from present reality

12. General Subscales: Self-confusion - items 6, 11, 12, 17, 23, 55. Clinical cutoff = 33.3. Measures profound uncertainty about identity, including confusion about who one is and struggling to maintain a coherent sense of self

MID-60 Clinical Use

The MID-60 is a screening instrument only. It is not designed to be the sole basis for diagnosis and should always be interpreted alongside clinical judgment. Clinicians are encouraged to follow up clinically significant elevations by asking targeted questions to clarify whether the nature and severity of the symptom truly match the item content. Where indicated, further evaluation can be undertaken using validated structured clinical interviews, such as the Structured Clinical Interview for DSM-5 Dissociative Disorders (SCID-D; Marlene Steinberg, MD), the Dissociative Disorders Interview Schedule (DDIS; Colin Ross, MD), or the Trauma and Dissociative Symptoms Interview (TADS-I; Suzette Boon).

MID-60 Graphs

On first administration of the MID-60, three visualisations are presented. The Total Score Bar Chart displays the client's Total Mean Score as a vertical bar against colour-coded severity descriptor bands ranging from "None" through to "Extremely Severe", providing an immediate visual indication of overall dissociative symptom severity. The Horizontal Distribution Chart positions the client's score in comparison to two reference populations: a community (non-clinical) sample shown in green and a clinical sample of individuals with complex dissociative disorders shown in blue. Interquartile ranges (25th–75th percentiles) and median markers are displayed for both populations, enabling clinicians to determine whether the client's score is more consistent with typical dissociative experiences or with pathological dissociation. Severity descriptor bands appear along the bottom axis for additional interpretive context. The Subscale Bar Chart presents all 12 subscale mean scores as horizontal bars, with shaded regions indicating scores within the clinical range for each subscale. This allows clinicians to identify specific symptom domains that are elevated and may warrant focused assessment or intervention.

When multiple administrations are available, the Total Score Bar Chart and Horizontal Distribution Chart are replaced by a Multi-Administration Line Plot. This chart displays the Total Mean Score across all administrations as a line graph plotted against time, with severity descriptor bands shown in the background. The vertical axis automatically adjusts based on the range of scores to optimise readability. This visualisation enables clinicians to monitor treatment progress, track symptom trajectories, and identify patterns of improvement or deterioration over time. The Subscale Bar Chart continues to be displayed for the most recent administration, allowing comparison of current subscale elevations alongside longitudinal total score trends.



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Client Responses

DID: Amnesia (for recent events)

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
42	Discovering that you have changed your appearance (e.g., cut your hair, or changed your hairstyle, or changed what you are wearing, or put on cosmetics, etc.) with no memory of having done so	0	1	2	3	4	5	6	7	8	9	10
45	Suddenly finding yourself somewhere odd at home (e.g., inside the closet, under a bed, curled up on the floor, etc.) with no knowledge of how you got there	0	1	2	3	4	5	6	7	8	9	10
48	Suddenly finding yourself somewhere (e.g., at the beach, at work, in a nightclub, in your car, etc.) with no memory of how you got there	0	1	2	3	4	5	6	7	8	9	10
58	There were times when you "woke up" and found pills or a razor blade (or something else to hurt yourself with) in your hand	0	1	2	3	4	5	6	7	8	9	10

DID/OSDD-1: Awareness of alter personalities

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
3	Hearing the voice of a child in your head	0	1	2	3	4	5	6	7	8	9	10
36	Feeling that you have multiple personalities	0	1	2	3	4	5	6	7	8	9	10
39	Having other people (or parts) inside you who have their own names	0	1	2	3	4	5	6	7	8	9	10
49	Feeling that there is another person inside who can come out and speak if it wants	0	1	2	3	4	5	6	7	8	9	10
57	Having another part inside that has different memories, behaviors, and feelings than you do	0	1	2	3	4	5	6	7	8	9	10

DID/OSDD-1: Angry intrusions

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
28	Words just flowing from your mouth as if they were not in your control	0	1	2	3	4	5	6	7	8	9	10
33	Words come out of your mouth, but you didn't say them; you don't know where those words came from	0	1	2	3	4	5	6	7	8	9	10
35	When you are angry, doing or saying things that you don't remember (after you calm down)	0	1	2	3	4	5	6	7	8	9	10
46	Feeling as if there is something inside you that takes control of your behaviour and speech	0	1	2	3	4	5	6	7	8	9	10
60	Having a very angry part that "comes out" and says and does things that you would never do or say	0	1	2	3	4	5	6	7	8	9	10



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DID/OSDD-1: Persecutory intrusions

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
22	Hearing a voice in your head that wants you to hurt yourself	0	1	2	3	4	5	6	7	8	9	10
37	Hearing a voice in your head that calls you names (e.g., wimp, stupid, whore, slut, bitch, etc.)	0	1	2	3	4	5	6	7	8	9	10
44	Hearing a voice in your head that wants you to die	0	1	2	3	4	5	6	7	8	9	10
56	Hearing a voice in your head that tells you to "shut up"	0	1	2	3	4	5	6	7	8	9	10
59	Hearing a voice in your head that calls you no good, worthless, or a failure	0	1	2	3	4	5	6	7	8	9	10

Depersonalisation/Derealisation

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
2	Having an emotion (e.g., fear, sadness, anger, happiness) that doesn't feel like it is "yours."	0	1	2	3	4	5	6	7	8	9	10
7	Being told of things that you had recently done, but with absolutely no memory of having done those things	0	1	2	3	4	5	6	7	8	9	10
9	Things around you feeling unreal	0	1	2	3	4	5	6	7	8	9	10
13	Feeling that other people, objects, or the world around you are not real	0	1	2	3	4	5	6	7	8	9	10
25	Feeling as if you were looking at the world through a fog so that people and objects felt far away or unclear	0	1	2	3	4	5	6	7	8	9	10
47	Totally forgetting how to do something that you know very well how to do (e.g., how to drive, how to read, how to use the computer, how to play the piano, etc.)	0	1	2	3	4	5	6	7	8	9	10
50	"Coming to" and finding that you have done something you don't remember doing (e.g., smashed something, cut yourself, cleaned the whole house, etc.)	0	1	2	3	4	5	6	7	8	9	10
53	Your body suddenly feeling as if it isn't really yours	0	1	2	3	4	5	6	7	8	9	10

Dissociative Amnesia: Distress about memory problems

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
1	Forgetting what you did earlier in the day	0	1	2	3	4	5	6	7	8	9	10
8	Not remembering what you ate at your last meal-or even whether you ate	0	1	2	3	4	5	6	7	8	9	10



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Client Responses (cont.)

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
20	Immediately forgetting what other people tell you	0	1	2	3	4	5	6	7	8	9	10
38	Poor memory causing serious difficulty for you	0	1	2	3	4	5	6	7	8	9	10
43	Being bothered or upset by how much you forget	0	1	2	3	4	5	6	7	8	9	10
52	Suddenly not knowing how to do your job	0	1	2	3	4	5	6	7	8	9	10

Dissociative Amnesia: Loss of autobiographical memory

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
16	Not remembering large parts of your childhood after age 5	0	1	2	3	4	5	6	7	8	9	10
19	Feeling that pieces of your past are missing	0	1	2	3	4	5	6	7	8	9	10
24	Feeling that important things happened to you earlier in your life, but you cannot remember them	0	1	2	3	4	5	6	7	8	9	10
29	Feeling that there are large gaps in your memory	0	1	2	3	4	5	6	7	8	9	10
34	Being able to remember very little of your past	0	1	2	3	4	5	6	7	8	9	10

PTSD: Flashbacks

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
4	Reliving a traumatic event so vividly that you totally lose contact with where you actually are (that is, you think that you are "back there and then")	0	1	2	3	4	5	6	7	8	9	10
15	Being so bothered by flashbacks that it was hard to get out of bed and face the day	0	1	2	3	4	5	6	7	8	9	10
31	Bad memories coming into your mind and you can't get rid of them	0	1	2	3	4	5	6	7	8	9	10
40	Reliving a past trauma so vividly that you see it, hear it, smell it, etc	0	1	2	3	4	5	6	7	8	9	10
54	Being bothered by flashbacks for several days in a row	0	1	2	3	4	5	6	7	8	9	10



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Conversion Disorder: Body symptoms

	Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
5 Having difficulty swallowing (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
10 Not being able to see for a while (as if you are blind) for no known medical reason	0	1	2	3	4	5	6	7	8	9	10
14 Being paralysed or unable to move (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
18 Not being able to hear for a while (as if you are deaf) (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10

Conversion Disorder: Pseudo-Seizures

	Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
26 Having seizures for which your doctor can find no reason	0	1	2	3	4	5	6	7	8	9	10

General: Trance

	Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
21 Having difficulty walking (for no known medical reason)	0	1	2	3	4	5	6	7	8	9	10
27 Going into trance so much (or for so long) that it interferes with your daily activities and responsibilities	0	1	2	3	4	5	6	7	8	9	10
30 Going into trance for hours	0	1	2	3	4	5	6	7	8	9	10
32 Drifting into trance without even realising that it is happening	0	1	2	3	4	5	6	7	8	9	10
41 Going into trance several days in a row	0	1	2	3	4	5	6	7	8	9	10
51 Having difficulty staying out of trance	0	1	2	3	4	5	6	7	8	9	10

General: Self-Confusion

	Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
6 Having trance-like episodes where you stare off into space and lose awareness of what is going on around you	0	1	2	3	4	5	6	7	8	9	10
11 Feeling very detached from your behaviour as you "go through the motions" of daily life	0	1	2	3	4	5	6	7	8	9	10
12 Feeling uncertain about who you really are	0	1	2	3	4	5	6	7	8	9	10



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Client Responses (cont.)

		Never - 0	1	2	3	4	5	6	7	8	9	10 - Always
17	Feeling disconnected from everything around you	0	1	2	3	4	5	6	7	8	9	10
23	Feeling very confused about who you really are	0	1	2	3	4	5	6	7	8	9	10
55	Being confused or puzzled by your emotions	0	1	2	3	4	5	6	7	8	9	10