



## Reflective Practice Questionnaire - Extended (RPQ-E)

### Instructions:

Please answer the questions below that ask you about your work perceptions and behaviour. Please read each question carefully, and choose the response option that most accurately reflects how often the statement applies to you.

		Very rarely	Rarely	Sometimes	Often	Very often	Almost always
1	During interactions with clients I recognize when my pre-existing beliefs are influencing the interaction.	1	2	3	4	5	6
2	During interactions with clients I consider how my personal thoughts and feelings are influencing the interaction.	1	2	3	4	5	6
3	During interactions with clients I recognize when their pre-existing beliefs are influencing the interaction.	1	2	3	4	5	6
4	During interactions with clients I consider how their personal thoughts and feelings are influencing the interaction.	1	2	3	4	5	6
5	After interacting with clients I spend time thinking about what was said and done.	1	2	3	4	5	6
6	After interacting with clients I wonder about the client's experience of the interaction.	1	2	3	4	5	6
7	After interacting with clients I wonder about my own experience of the interaction.	1	2	3	4	5	6
8	After interacting with clients I think about how things went during the interaction.	1	2	3	4	5	6
9	I think about how I might improve my ability to work with clients.	1	2	3	4	5	6
10	I critically evaluate the strategies and techniques I use in my work with clients.	1	2	3	4	5	6
11	I feel like I have all the experience I require to effectively interact with clients.	1	2	3	4	5	6
12	I feel like I have all the practical skills I require to effectively interact with clients.	1	2	3	4	5	6
13	I feel like I have learnt everything I need to know in order to effectively interact with clients.	1	2	3	4	5	6
14	I feel like I have all the theoretical knowledge I require to effectively interact with clients.	1	2	3	4	5	6
15	I feel able to communicate so that a client can understand me easily.	1	2	3	4	5	6
16	I feel confident when communicating my ideas with a client.	1	2	3	4	5	6



		Very rarely	Rarely	Sometimes	Often	Very often	Almost always
17	I feel that I provide clear messages to my clients.	1	2	3	4	5	6
18	I feel capable in my ability to communicate with clients.	1	2	3	4	5	6
19	After interacting with clients I feel exhausted.	1	2	3	4	5	6
20	I find interacting with a client to be stressful.	1	2	3	4	5	6
21	I feel distressed after communicating with a client.	1	2	3	4	5	6
22	The pressure to meet needs of a client can feel overwhelming.	1	2	3	4	5	6
23	I am uncertain that my planning for a client is the best possible way to proceed.	1	2	3	4	5	6
24	I am uncertain that I am interpreting the needs of a client correctly.	1	2	3	4	5	6
25	I am uncertain about how to handle the needs of a client.	1	2	3	4	5	6
26	I am uncertain that I properly understand the needs of a client.	1	2	3	4	5	6
27	My work provides me with a sense of fulfilment.	1	2	3	4	5	6
28	I feel like my work means more to me than simply earning money.	1	2	3	4	5	6
29	I enjoy my work.	1	2	3	4	5	6
30	I find my work rewarding.	1	2	3	4	5	6

**Developer Reference:**

Rogers, S. L., Van Winkle, L., Michels, N., Lucas, C., Ziada, H., Da Silva, E. J., Jotangia, A., Gabrielsson, S., Gustafsson, S., & Priddis, L. (2024). Further development of the reflective practice questionnaire. PeerJ, 12, e16879. <https://doi.org/10.7717/peerj.16879>

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