NovoPsych

Work and Social Adjustment Scale (WSAS)

Instructions:

Rate each of the following questions on a 0 to 8 scale: 0 indicates no impairment at all and 8 indicates very severe impairment.

		Not working for reasons unrelated to my difficulties	0 Not at all impaired	1	2	3	4	5	6	7	8 Very severely impaired to the point I can't work
1	Because of my difficulties, my ability to work is impaired.	-	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**

		0 Not at all impaired	1	2	3	4	5	6	7	8 Very severely impaired
2	Because of my difficulties, my home management (cleaning, tidying, shopping, cooking, looking after home or children, paying bills) is impaired.	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
3	Because of my difficulties, my social leisure activities (with other people, such as parties, bars, clubs, outings, visits, dating, home entertainment) are impaired.	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
4	Because of my difficulties, my private leisure activities (done alone, such as reading, gardening, collecting, sewing, walking alone) are impaired.	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**
5	Because of my difficulties, my ability to form and maintain close relationships with others, including those I live with, is impaired.	**0**	**1**	**2**	**3**	**4**	**5**	**6**	**7**	**8**

Developer Reference:

Mundt, J. C., Marks, I. M., Shear, M. K., & Greist, J. H. (2002). The Work and Social Adjustment Scale: A simple measure of impairment in functioning. British Journal of Psychiatry, 180(5), 461–464. https://doi.org/10.1192/bjp.180.5.461

Administer Online

Psychometric Scales and AI Scribe for Mental Health Practitioners in One Platform

Assessment powered by NovoPsych

- Access to Over 150 Assessments
- Instant Scoring and Metrics
- Graph Symptoms Over Time

NovoNote by NovoPsych

- AI-Generated Progress Notes
- One-Click Session Notes
- Secure Data Storage

Activate Free Trial

Trusted by 75000+ Mental Health Professionals