



Ask Suicide-Screening Questionnaire (asQ)

Instructions:

Ask the patient:

		Yes	No
1	1. In the past few weeks, have you wished you were dead?	1	0
2	2. In the past few weeks, have you felt that you or your family would be better off if you were dead?	1	0
3	3. In the past week, have you been having thoughts about killing yourself?	1	0
4	4. Have you ever tried to kill yourself?	1	0
5	If yes, when was the most recent attempt?		
		Within the last 12 months	Over 1 year ago
6	If yes, within the last 12 months or over 1 year ago?	1	0
		Yes	No
7	5. Are you having thoughts of killing yourself right now?	1	0
8	If yes, describe briefly:		

Developer Reference:

Cahill, J., Stiles, W. B., Barkham, M., Hardy, G. E., Stone, G., Agnew-Davies, R., & Unsworth, G. (2012). Two short forms of the Agnew Relationship Measure: The ARM-5 and ARM-12. *Psychotherapy Research*, 22(3), 241–255. <https://doi.org/10.1080/10503307.2011.643253>

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