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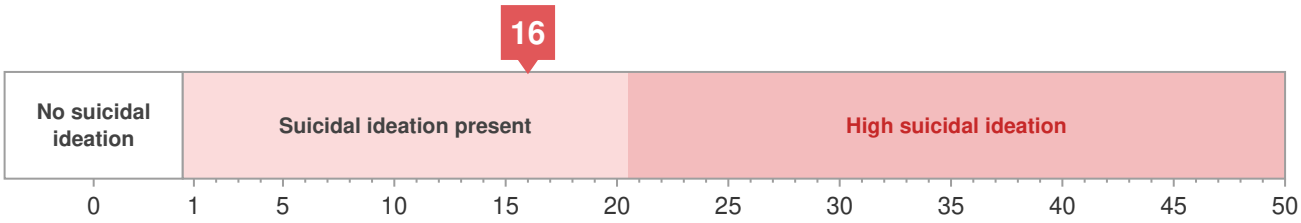
Suicidal Ideation Attributes Scale (SIDAS)

Client Name	Client Generic	*Date administered*	27 Nov 2026
Date of birth (age)	1 Jan 1990 (36)	*Time taken*	54s
Assessor	Dr Emerson Bartholomew		

SIDAS Results

	Score (0 - 50)	Descriptor
Total Score	16	Suicidal ideation present

Suicidal Ideation Attributes Scale (SIDAS) Total Score



Interpretive Text

The Suicidal Ideation Attributes Scale (SIDAS) was administered on 27 November 2026, with a total score of 16 out of 50. Suicidal ideation was reported. A suicide risk assessment is recommended to determine the nature, severity, and immediacy of suicide risk.

Scoring and Interpretation Information

For comprehensive information on the SIDAS (van Spijker et al., 2014; Calear et al., 2026), see here.

SIDAS Scoring

Each of the five items is rated from 0 to 10. Only the two endpoints are labelled, and the labels vary across items. Respondents who answer “Never” to item 1 skip the remaining items and receive a total score of 0. Because a higher rating on item 2 means more control, that item is reverse-scored, so that less control gives a higher score. The five item scores are then summed into a total score ranging from 0 to 50, with higher scores indicating greater suicidal ideation severity (Australian Government Department of Health, 2021; National Centre for Epidemiology and Population Health, n.d.; van Spijker et al., 2014).

Total score (5 items; items 1–5; total ranging from 0 to 50): the sum of the five items.

SIDAS Severity Categories

The two cut-off scores divide the total score into three severity categories. The categories describe how severe the suicidal thoughts were. They are not levels of risk, and a score below 21 does not indicate low risk.

0 - No suicidal ideation. The respondent reported no suicidal thoughts in the past month. This

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does not rule out risk, because the SIDAS covers only the past month and relies on what the respondent chooses to report.

1 to 20 - Suicidal ideation present. Suicidal thoughts were present in the past month. Any suicidal thoughts are associated with risk of suicidal behaviour, in adults and adolescents (van Spijker et al., 2014; Calear et al., 2026).

21 to 50 - High suicidal ideation. Suicidal thoughts in the past month were more severe overall: more frequent, less controllable, closer to or having made an attempt, more distressing, or more disruptive to daily life. As with any score above 0, they are associated with risk of suicidal behaviour (Calear et al., 2026; van Spijker et al., 2014).

Individual item responses should also be reviewed alongside the total score. In particular, a respondent may indicate having made a suicide attempt on item 3 even when their total score falls within the “Suicidal ideation present” category (1 to 20). This information warrants clinical follow-up regardless of the total score.

SIDAS Graphs

On the first administration of the SIDAS, a horizontal strip shows a box for a score of 0, then the ‘Suicidal ideation present’ and ‘High suicidal ideation’ categories shaded across 1 to 50, with a marker at the total score that shows the score above the strip. When item 3 is rated 10 (‘Made an attempt’), a note above the graph says that the respondent reported a suicide attempt in the past month. Multiple administrations of the SIDAS will provide a line graph plotting the total score over time, with the same shading and the same 0 to 50 axis, and a marker that shows the latest score.

SIDAS Change Score Interpretation

On a repeat administration, the report compares the total with both the last and the first administration scores. The report notes when suicidal thoughts were reported at one administration but not the other. A rise of 7 or more points is described as a notable increase (Batterham et al., 2022). This means the rise is large enough that it is unlikely to reflect measurement error alone. The rule was based on reliability in a community sample, and reliability is lower among people with suicidal thoughts. The 7-point figure is a guide, not a firm cut-off, and a smaller rise can still matter.

Client Responses

1	In the past month, how often have you had thoughts about suicide? 0 = Never, 10 = Always	0	1	2	3	**4**	5	6	7	8	9	10
2	In the past month, how much control have you had over these thoughts? 0 = No control, 10 = Full control	0	1	2	3	4	5	**6**	7	8	9	10

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Client Responses (cont.)

3	In the past month, how close have you come to making a suicide attempt? 0 = Not close at all, 10 = Made an attempt	0	1	2	**3**	4	5	6	7	8	9	10
4	In the past month, to what extent have you felt tormented by thoughts about suicide? 0 = Not at all, 10 = Extremely	0	1	2	**3**	4	5	6	7	8	9	10
5	In the past month, how much have thoughts about suicide interfered with your ability to carry out daily activities, such as work, household tasks or social activities? 0 = Not at all, 10 = Extremely	0	1	**2**	3	4	5	6	7	8	9	10