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Suicidal Ideation Attributes Scale

SIDAS · SELF-REPORT

RESPONDENT NAME _____ DATE _____ CLINICIAN _____

1	In the past month, how often have you had thoughts about suicide?	0 NEVER	1	2	3	4	5	6	7	8	9	10 ALWAYS
2	In the past month, how much control have you had over these thoughts?	10 NO CONTROL	9 1	8 2	7 3	6 4	5	4 6	3 7	2 8	1 9	0 FULL CONTROL
3	In the past month, how close have you come to making a suicide attempt?	0 NOT CLOSE AT ALL	1	2	3	4	5	6	7	8	9	10 MADE AN ATTEMPT
4	In the past month, to what extent have you felt tormented by thoughts about suicide?	0 NOT AT ALL	1	2	3	4	5	6	7	8	9	10 EXTREMELY
5	In the past month, how much have thoughts about suicide interfered with your ability to carry out daily activities, such as work, household tasks or social activities?	0 NOT AT ALL	1	2	3	4	5	6	7	8	9	10 EXTREMELY

Developer Reference:

Calear, A. L., Werner-Seidler, A., Christensen, H., O'Dea, B., Maston, K., Torok, M., & Batterham, P. J. (2026). Psychometric properties of the Suicidal Ideation Attributes Scale (SIDAS) in assessing suicidal ideation in adolescents. Child and Adolescent Psychiatry and Mental Health. Advance online publication. https://doi.org/10.1186/s13034-026-01170-w

van Spijker, B. A. J., Batterham, P. J., Calear, A. L., Farrer, L., Christensen, H., Reynolds, J., & Kerkhof, A. J. F. M. (2014). The Suicidal Ideation Attributes Scale (SIDAS): Community-based validation study of a new scale for the measurement of suicidal ideation. Suicide and Life-Threatening Behavior, 44(4), 408–419. https://doi.org/10.1111/sltb.12084

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