Assessment powered by NovoPsych

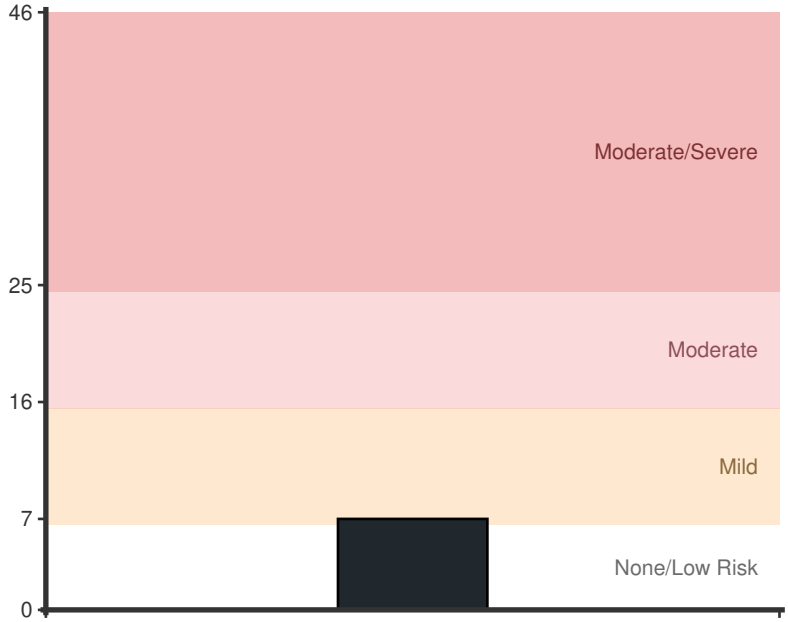
United States Alcohol Use Disorders Identification Test (USAUDIT)

Client Name	USAUDIT Test Woman40	*Date administered*	18 Nov 2026
Date of birth (age)	2 Mar 1986 (40)	*Time taken*	25s
Assessor	Dr Emerson Bartholomew		

Results

	Result
Total Score (0 - 46)	7
Zone	Zone II: Mild

United States Alcohol Use Disorders Identification Test (USAUDIT) Total Score



Domains

	Result
Hazardous Alcohol Use (questions 1 to 3)	Positive
Dependence Symptoms (questions 4 to 6)	No
Harmful Alcohol Use (questions 7 to 10)	No

Hazardous Alcohol Use is positive when questions 1 to 3 reach the USAUDIT-C cutoff. Dependence Symptoms and Harmful Alcohol Use are "Yes" when any question in the domain is answered other than "Never" or "No" (Babor et al., 2016).

Assessment powered by NovoPsych

Client Name	USAUDIT Test Woman40

Interpretation

The United States Alcohol Use Disorders Identification Test (USAUDIT) was administered on 18 November 2026, with a total score of 7 out of 46, placing the respondent in Zone II. Zone II reflects drinking above the low-risk limits, where health risks begin. The developers pair this zone with a brief intervention combining feedback, motivational discussion, and education about drinking.

USAUDIT-C Positive Risk Indicator

The respondent's answers to questions 1 to 3, which cover how often they drink, how much, and how often they binge, indicate drinking above the NIAAA low-risk limits.

Binge drinking: less than monthly.

Whatever the score, the developers encourage avoiding alcohol in risky situations, such as driving, operating machinery, pregnancy, or taking medications that interact with alcohol. For a pregnant client, any score of 1 or more is grounds for discussing health risks (Babor et al., 2016).

Scoring and Interpretation Information

For comprehensive information on the USAUDIT, see here.

The USAUDIT produces a total score that places the respondent in a risk zone, and flags a positive result on its first three questions (the USAUDIT-C). Higher scores indicate more drinking and more alcohol-related problems.

Scoring
Total score. The USAUDIT Total score is the sum of all 10 questions (10 items; questions 1–10; total ranging from 0 to 46).

Risk Zones
The total score places the respondent in one of four zones, each with the severity level the developers aligned with DSM-5 (Babor et al., 2016). The cutoff between Zone I and Zone II is 8 for men aged 65 and younger and 7 for everyone else.

- Zone I: None/Low Risk (0 to 7 for men aged 65 and younger; 0 to 6 for everyone else): lower-risk drinking or abstinence, with no alcohol use disorder indicated.
- Zone II: Mild (8 to 15 for men aged 65 and younger; 7 to 15 for everyone else): drinking above the low-risk limits, where health risks begin, approximately mild alcohol use disorder.
- Zone III: Moderate (16 to 24): early alcohol-related harm, approximately moderate alcohol use disorder.
- Zone IV: Moderate/Severe (25 to 46): approximately moderate to severe alcohol use disorder.

Questions 9 and 10 score harm at any time, so past harm can place a respondent in Zone II when questions 1 to 3 are below the USAUDIT-C cutoff. A few answer patterns can exceed the low-risk limits but score below the cutoff (Babor et al., 2016; Higgins-Biddle & Babor, 2018). Where the answers clearly exceed the limits, the results show the weekly line (more than 14 drinks a week for men aged 65 and younger, or 7 for everyone else) or the binge line (any binge drinking), whatever the zone.

Client Name	USAUDIT Test Woman40

USAUDIT-C Flag
The first three questions are often used on their own as a first-stage screen (Babor et al., 2016; Zoorob et al., 2017), so a positive result on them is flagged to show that drinking alone exceeds the NIAAA low-risk limits, before the remaining questions are considered. A score of 7 or more on these questions for women and men over 65, or 8 or more for men aged 65 and younger, is "a positive risk indicator" (Babor et al., 2016).

Contingent Items
If the respondent reports no drinking in the past year (question 1 = "Never"), questions 2 to 8 are skipped and the form moves to questions 9 and 10. Skipped questions are scored 0, and the total score range remains 0 to 46. Skipped questions appear in the Client Responses table as grayed-out rows with no answer selected, and the report notes that they were not asked because no drinking was reported in the past year, not as missing data.

Domains
The developers group the questions into three conceptual domains to identify clients who are drinking above recommended levels, already have some symptoms of a possible alcohol use disorder, or may recognize problems with their drinking, information that helps clients cut down and avoid harm (Babor et al., 2016). The domains are not based on a factor analysis and are not scored:

- Hazardous Alcohol Use (3 items; questions 1, 2, and 3): how often and how much the respondent drinks, and how often they binge drink. These three questions form the USAUDIT-C, which is flagged when positive.
- Dependence Symptoms (3 items; questions 4, 5, and 6): loss of control over drinking, failing to do what was expected because of drinking, and morning drinking after a heavy session.
- Harmful Alcohol Use (4 items; questions 7, 8, 9, and 10): guilt after drinking, memory blackouts, alcohol-related injury, and others' concern about the respondent's drinking.

The report shows one result per domain. Hazardous Alcohol Use is positive when questions 1 to 3 reach the USAUDIT-C cutoff. Dependence Symptoms and Harmful Alcohol Use read "Yes" when any of their questions is answered other than "Never" or "No" (Babor et al., 2016).

Item Interpretation
Each answer is reported, since all responses guide management (Babor et al., 2016).

- Drinking (questions 1 to 3). Weekly drinking is estimated by multiplying questions 1 and 2. Both answers are ranges, so the weekly line is shown only when even the lowest estimate is above the guide's weekly limit, 14 drinks for men aged 65 and younger or 7 for women and men over 65 (Babor et al., 2016; Higgins-Biddle & Babor, 2018). Answers close to the limit can be seen in the response table. Any points on question 3 indicate binge drinking, 5 or more drinks at once for men aged 65 and younger or 4 or more for women and men over 65 (Babor et al., 2016). Current NIAAA guidance uses 5 for men and 4 for women, with no adjustment for age (National Institute on Alcohol Abuse and Alcoholism, 2026a).
- Symptoms (questions 4 to 8). Loss of control, failing to meet obligations, morning drinking, guilt, and blackouts are reported with how often each occurred. These overlap with DSM-5 criteria for AUD, so more symptoms, and more frequent ones, point to possible AUD and greater severity (National Institute on Alcohol Abuse and Alcoholism, 2021). The USAUDIT does not cover all 11 criteria, so the report does not count criteria; its severity levels come from the zones of the total score.
- Harm (questions 9 and 10). Injury and others' concern indicate current harm when answered

Client Name	USAUDIT Test Woman40

"Yes, during the past year" and past harm when answered "Yes, but not in the past year".

Repeat Administration
From the second administration, the report graphs the total score at each administration against the four zones, and graphs each endorsed question separately. The developers recommend re-screening annually, as drinking habits change over time (Babor et al., 2016), and Medicare covers a yearly screen (Centers for Medicare & Medicaid Services, 2011). Change in either direction can guide reassessment of risk level. No change scores are reported, because the questions cover the past year and no test-retest reliability or reliable change values are available for the USAUDIT.

Graphs
At the first administration, the total score is shown as a single vertical bar on an axis from 0 to 46. Behind the bar, the axis is shaded in four bands, one for each zone and labeled by severity level: Zone I unshaded, Zone II in amber, Zone III in light red, and Zone IV in a deeper red. The boundary between Zone I and Zone II sits at the respondent's own cutoff of 7 or 8.

From the second administration, a line graph shows the total score at each administration against the same bands, with a caption noting that each USAUDIT covers the past year. A small graph for each question shows that question's score at each administration, grouped under the three domains, on the question's own scores (0 to 6 for questions 1 to 3, 0 to 4 for questions 4 to 8, and 0, 2, or 4 for questions 9 and 10). The domains are graphed question by question rather than as totals, because the developers read them by question (Babor et al., 2016). A question with no score above 0 at any administration shown is named in a note instead of being graphed. When question 1 is "Never", questions 2 to 8 are not asked and count as 0.

Assessment powered by NovoPsych

Client Name	USAUDIT Test Woman40

Client Responses

Circled numbers are the answers given. Shaded answers make Dependence Symptoms or Harmful Alcohol Use "Yes".

Hazardous Alcohol Use

		Never	Less than monthly	Monthly	Weekly	2-3 times a week	4-6 times a week	Daily
1	How often do you have a drink containing alcohol?	0	1	2	(3)	4	5	6
		1 drink	2 drinks	3 drinks	4 drinks	5-6 drinks	7-9 drinks	10 or more drinks
2	How many drinks containing alcohol do you have on a typical day you are drinking?	0	1	2	(3)	4	5	6
		Never	Less than monthly	Monthly	Weekly	2-3 times a week	4-6 times a week	Daily
3	How often do you have X (5 for men; 4 for women & men over age 65) or more drinks on one occasion?	0	(1)	2	3	4	5	6

Dependence Symptoms

		Never	Less than monthly	Monthly	Weekly	Daily or almost daily
4	How often during the last year have you found that you were not able to stop drinking once you had started?	(0)	1	2	3	4
5	How often during the past year have you failed to do what was expected of you because of drinking?	(0)	1	2	3	4
6	How often during the past year have you needed a drink first thing in the morning to get yourself going after a heavy drinking session?	(0)	1	2	3	4

Harmful Alcohol Use

		Never	Less than monthly	Monthly	Weekly	Daily or almost daily
7	How often during the past year have you had a feeling of guilt or remorse after drinking?	(0)	1	2	3	4
8	How often during the past year have you been unable to remember what happened the night before because you had been drinking?	(0)	1	2	3	4

		No	Yes, but not in the past year	Yes, during the past year
9	Have you or someone else been injured because of your drinking?	(0)	2	4
10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking and suggested you cut down?	(0)	2	4