Assessment powered by NovoPsych

Administer Online

United States Alcohol Use Disorders Identification Test

USAUDIT · SELF-REPORT

RESPONDENT NAME _____ DATE _____ CLINICIAN _____

Instructions

Alcohol can affect your health, medications, and treatments, so we ask patients the following questions. Your answers will remain confidential. Place an X in one box to answer. Think about your drinking in the past year. A drink means one beer, one small glass of wine (5 oz.), or one mixed drink containing one shot (1.5 oz.) of spirits.

1	How often do you have a drink containing alcohol?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 2-3 TIMES A WEEK	5 4-6 TIMES A WEEK	6 DAILY
2	How many drinks containing alcohol do you have on a typical day you are drinking?	0 1 DRINK	1 2 DRINKS	2 3 DRINKS	3 4 DRINKS	4 5-6 DRINKS	5 7-9 DRINKS	6 10 OR MORE DRINKS
3	How often do you have X (5 for men; 4 for women & men over age 65) or more drinks on one occasion?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 2-3 TIMES A WEEK	5 4-6 TIMES A WEEK	6 DAILY
4	How often during the last year have you found that you were not able to stop drinking once you had started?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 DAILY OR ALMOST DAILY		
5	How often during the past year have you failed to do what was expected of you because of drinking?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 DAILY OR ALMOST DAILY		
6	How often during the past year have you needed a drink first thing in the morning to get yourself going after a heavy drinking session?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 DAILY OR ALMOST DAILY		
7	How often during the past year have you had a feeling of guilt or remorse after drinking?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 DAILY OR ALMOST DAILY		
8	How often during the past year have you been unable to remember what happened the night before because you had been drinking?	0 NEVER	1 LESS THAN MONTHLY	2 MONTHLY	3 WEEKLY	4 DAILY OR ALMOST DAILY		
9	Have you or someone else been injured because of your drinking?	0 NO		2 YES, BUT NOT IN THE PAST YEAR		4 YES, DURING THE PAST YEAR		
10	Has a relative, friend, doctor, or other health care worker been concerned about your drinking and suggested you cut down?	0 NO		2 YES, BUT NOT IN THE PAST YEAR		4 YES, DURING THE PAST YEAR		

Developer Reference:

Babor, T. F., Higgins-Biddle, J. C., & Robaina, K. (2016). USAUDIT: The Alcohol Use Disorders Identification Test, adapted for use in the United States: A guide for primary care practitioners. Substance Abuse and Mental Health Services Administration. https://integrationacademy.ahrq.gov/resources/11121

Access this measure online

Score Online | View assessment details | Scoring information

Scan to administer the USAUDIT online

The AUDIT is a World Health Organization-approved instrument and is in the public domain. The USAUDIT is an adaptation of the AUDIT developed for use in the United States by the Centers for Disease Control and Prevention and published by SAMHSA; it is not itself a WHO-approved instrument.